

Lake Illawarra Athletics Association Inc.

October Carnival



Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 9th October 2022

Time: Carnival Starts 9:00am **There will be no entries taken on the day.**

Weather: Carnival will proceed in all weather conditions and will not be cancelled.

Entry Fee: Tiny Tots: \$10.00 per athlete **There will be no entries taken on the day.**

Entry Fee: U/6 to OPENS: \$4.00 Per Event (or 7 or more Events per athlete \$25.00) **There will be no entries taken on the day.**

Entries Close: Saturday 8th October 2022 at 12.00pm Sharp – **Strictly NO Entries will be received after this time.**

Awards: Medals for 1st, 2nd, and 3rd Placing's in All Events – All Athletes will receive a Participation Certificate (sent to the centre with all performances on after carnival) Tiny Tots will receive special award for participation.

All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered. There is no limit to number of events an athlete can enter. Events may be combined where insufficient entries are received.

*Athletes may go up an Age Group to compete in an event **not** available in their own Age Group **as long as specifications (eg Weights) do not differ, and the event is allowed under Little Athletics NSW and Australian Rules with the following exceptions: Open 60m is opened to all registered athletes regardless of age, Under 17's can compete in the Opens 800m, Triple Jump and High Jump***

All Other Opens Events athletes must be registered with Athletics Australia or a Community Membership with LANSW

Tiny Tots	Various Activities including Running, Jumping and Throwing								
Under 6	70m	100m	200m PS	300m	Long Jump	Shot Put	Discus		
Under 7	70m	100m	200m	500m	Long Jump	Shot Put	Discus		
Under 8	60m/h	100m	200m	700m	Long Jump	Shot Put	Discus		
Under 9	60m/h	100m	200m	800m	High Jump	Shot Put	Discus		
Under 10	60m/h	100m	200m	400m	800m	Long Jump	Shot Put	Discus	
Under 11	80m/h	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
Under 12	80m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Under 13	80m/h	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
Under 14	80-90m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Under 15	90-100m/h	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
Under 17	100-110m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Opens	60m*	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin

For more information on the carnival please contact Kevin McGarry on 0417 048 148 or via email at lilac_carnival@outlook.com

Entry Format

1. Online entries are being taken via Results HQ (contact your centre to open nominations, additional fees from Results HQ will apply)
2. Email your entry form to lilac_carnival@outlook.com (Athletes name, Gender, Centre/Club, Registration Number and Events need to be included)

Direct Deposit Details BSB: 633-000 Account Number: 150649630 Account Name: Lake Illawarra Little Athletics Association INC

Reference: Athletes Name.

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____ BOYS/GIRLS _____

EVENT 1: _____ EVENT 2: _____ EVENT 3: _____ EVENT 4: _____

EVENT 5: _____ EVENT 6: _____ EVENT 7: _____ EVENT 8: _____

EVENT 9: _____ EVENT 10: _____ EVENT 11: _____ EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____ BOYS/GIRLS _____

EVENT 1: _____ EVENT 2: _____ EVENT 3: _____ EVENT 4: _____

EVENT 5: _____ EVENT 6: _____ EVENT 7: _____ EVENT 8: _____

EVENT 9: _____ EVENT 10: _____ EVENT 11: _____ EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____ BOYS/GIRLS _____

EVENT 1: _____ EVENT 2: _____ EVENT 3: _____ EVENT 4: _____

EVENT 5: _____ EVENT 6: _____ EVENT 7: _____ EVENT 8: _____

EVENT 9: _____ EVENT 10: _____ EVENT 11: _____ EVENT 12: _____

Contact Name: _____ Contact Number: _____

Email Address: _____

Postal Address: _____