

Lake Illawarra Athletics Centre - 13/10/2024

October Carnival

Myimbarr Community Park

Results

Girls 6 Year Olds 70 Meter Run

October: 12.80

Name	Age	Team	Finals
Finals			
1	Yaowakhan, Nirada	6 Lake Illawar	14.69
2	De Ruyter, Evie	6 Shoalhaven	14.94
3	Hennen, Ivy	6 Albion Park	15.80
4	Sandstrom, Isabelle	6 Shoalhaven	15.82
5	Hazelton, Peyton	6 Lake Illawar	16.36
6	Adeleke, Lara	6 Woy Woy Peni	16.45
7	Whitehead, Willow	6 Hawkesbury	16.55
8	Pienaar, Sune	6 Shoalhaven	16.56
9	Crook, Charlie	6 Dapto Little	16.74
10	Leggett, Louise	6 Lake Illawar	16.83
11	Johnson, Skyla	6 St Georges B	16.89
12	Debritt, Indiana	6 NIL	17.02
13	Astin, Emmy	6 Kiama	17.86
13	Farrugia, Regina	6 Lake Illawar	17.86
15	Harris, Pippa	6 Kiama	17.98
16	Brookes, Marley	6 Revesby Work	18.39
17	Smith, Beatrice	6 Eastern Subu	19.65

Girls 7 Year Olds 70 Meter Run

October: 12.11

Name	Age	Team	Finals
Finals			
1	Iosefo-Fuavaa, Katalina	7 Minchinbury	13.26
2	Donoghoe, Imogen	7 Dapto Little	13.62
3	Bish, Marli	7 Lake Illawar	13.69
4	Beauchamp, Olivia	7 Camden Athle	13.96
5	Castorina, Claudia	7 Rouse Hill R	14.00
6	May, Mackenzie	7 Sutherland	14.26
7	Allen, Mackenzie	7 St Georges B	14.41
8	Evans, Birdie	7 Albion Park	14.71
9	Waddell, Mia	7 Albion Park	15.03
10	Worth, Monique	7 Illawong Lit	17.73
11	Quin, Kora	7 St Georges B	17.76
12	Auld, Emily	7 Lake Illawar	20.25

Girls 6 Year Olds 100 Meter Run

October: 19.40

Name	Age	Team	Finals
Finals			
1	De Ruyter, Evie	6 Shoalhaven	20.66
2	Yaowakhan, Nirada	6 Lake Illawar	22.34
3	Hennen, Ivy	6 Albion Park	23.01
4	Sandstrom, Isabelle	6 Shoalhaven	24.30
5	Crook, Charlie	6 Dapto Little	24.71
6	Hazelton, Peyton	6 Lake Illawar	24.94
7	Adeleke, Lara	6 Woy Woy Peni	25.36
8	Johnson, Skyla	6 St Georges B	26.74
9	Brookes, Marley	6 Revesby Work	27.21
10	Pienaar, Sune	6 Shoalhaven	28.50
11	Farrugia, Regina	6 Lake Illawar	30.39

Girls 7 Year Olds 100 Meter Run

October: 17.04

Name	Age	Team	Finals
Finals			
1	Wheeler, Chloe	7 Sutherland	18.20
2	Iosefo-Fuavaa, Katalina	7 Minchinbury	19.63
3	Donoghoe, Imogen	7 Dapto Little	19.84
4	Bish, Marli	7 Lake Illawar	20.16
5	Athanassopoulos, Gabriella	7 Dapto Little	20.26
6	Allen, Mackenzie	7 St Georges B	20.60
7	Quin, Kora	7 St Georges B	20.86
8	Evans, Birdie	7 Albion Park	21.01
9	May, Mackenzie	7 Sutherland	21.48
10	Castorina, Claudia	7 Rouse Hill R	22.23
11	Waddell, Mia	7 Albion Park	23.67
12	Auld, Emily	7 Lake Illawar	30.62

Girls 8 Year Olds 100 Meter Run

October: 16.10

Name	Age	Team	Finals
Finals			
1	Phan, Amelia	8 Bankstown Sp	16.76
2	Plasto, Ella	8 Woden Little	16.77
3	O'Leary, Charlotte	8 Revesby Work	17.49
4	Jacobs, Tiana	8 Camden Athle	17.68
5	Matterson, Arlie	8 Kiama	17.84
6	Hennen, Zariah	8 Albion Park	18.17
7	Iosefo Fuavaa, Aganoa	8 Minchinbury	18.41
8	Planer, Millie	8 Penrith Vall	18.63
9	Faanu, Kiahna	8 Revesby Work	18.79
10	Hazelton, Camden	8 Lake Illawar	18.98
11	Vickery, Evelyn	8 Shoalhaven	18.99
12	Galloway, Olive	8 Kiama	19.44
13	Spencer, Waverley	8 Lake Illawar	19.50
14	James, Chelsea	8 Shoalhaven	19.88
15	Taylor, Madeline	8 Dapto Little	20.44
16	Milenkovic, Jasmyn	8 Dapto Little	20.67
17	Beaumont, Lara	8 Dapto Little	20.91
18	Ward, Ivie	8 Shoalhaven	21.01
19	Lester, Rosie	8 Lake Illawar	21.04
20	Sultana, Arianna	8 Camden Athle	21.91
21	Crook, Zoe	8 Dapto Little	22.56

Girls 9 Year Olds 100 Meter Run

October: 14.50

Name	Age	Team	Finals
Finals			
1	Walker, Ella	9 Wollongong C	15.24
2	Collie, Evie	9 Terrigal Wam	16.02
3	De Ruyter, Mia	9 Shoalhaven	16.46
4	Spencer, Banksii	9 Lake Illawar	16.87
5	Blayze-Giorgio, Milla	9 NIL	16.95
6	Filiposki, Avenue-Sage	9 Lake Illawar	17.24
7	Hogan, Charlotte	9 Camden Athle	17.41
8	Mattiazzo, Evie	9 Rouse Hill R	17.42
9	Sargent, Chloe	9 Camden Athle	17.58
10	Simpson, Elsie	9 NIL	17.69
11	Sandstrom, Madison	9 Shoalhaven	18.17

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Myimbarr Community Park

Results

Finals ... (Girls 9 Year Olds 100 Meter Run)

Name	Age	Team	Finals
12 Ovski, Sophia	9	Wollondilly	18.41
13 Dixon, Macey	9	Shoalhaven	19.30
14 Pienaar, Emery	9	Shoalhaven	19.74
15 Brookes, Jordyn	9	Revesby Work	19.80
16 Auld, Hannah	9	Lake Illawar	21.92
17 Braithwaite-Heywood, Macke	9	Albion Park	22.34

Girls 10 Year Olds 100 Meter Run

October: 14.30

Name	Age	Team	Finals
Finals			
1 O'Donohue, Blake	10	Quakers Hill	15.54
2 Garnett, Maia	10	Rouse Hill R	15.70
3 Hopkins, Sienna	10	Bankstown Sp	15.89
4 Beaumont, Grace	10	Dapto Little	16.02
5 O'Connor, Tilly	10	Shoalhaven	16.03
6 Phan, Kimberly	10	Bankstown Sp	16.17
7 McGivern, Charlotte	10	St George	16.18
8 Bozihov, Mila	10	St Georges B	16.77
9 Kalidis, Anthea	10	Port Hacking	16.90
10 Branchi, Emily	10	Lake Illawar	18.37
11 Crook, Mikayla	10	Dapto Little	18.57
12 Thompson, Mia	10	Glenbrook	19.15

Girls 11 Year Olds 100 Meter Run

October: 13.60

Name	Age	Team	Finals
Finals			
1 Currie, Molly	11	Port Macquar	14.93
2 Wade, Stella	11	Ryde	15.13
3 Astin-Briggs, Ashleigh	11	Shoalhaven	15.45
4 Shaw, Charlize	11	Glenbrook LA	15.64
5 Talbot, Aleaha	11	Lake Illawar	15.67
5 Kite, Darcy	11	Lake Illawar	15.67
7 Adeleke, Lola	11	Woy Woy Peni	15.97
8 Plasto, Eva	11	Woden Little	16.09
9 Prochazka, Lily	11	Sutherland	16.23
10 Reis-Vyse, Lola	11	Wollongong C	16.53
11 Smith, Ariana	11	Lake Illawar	16.75
12 Chapman, Ruby	11	St Georges B	17.91
13 Jankowski, Avalon	11	Wollongong C	19.71
14 Stanborough, Lexi	11	St Georges B	23.12

Girls 12 Year Olds 100 Meter Run

October: 13.39

Name	Age	Team	Finals
Finals			
1 York, Ayla	12	Lake Illawar	14.48
2 Williams, Nevaeh	12	Shoalhaven	15.00
3 Fardella, Penny	12	Camden Athle	15.08
4 Ward, Amarlie	12	Shoalhaven	15.11
5 Houldsworth, Ada	12	Shoalhaven	15.27
6 Lane, Ivy	12	St George	16.53

Girls 13 Year Olds 100 Meter Run

October: 13.00

Name	Age	Team	Finals
Finals			
1 Connolly, Emily	13	Kurrajong Bi	16.95
2 Dixon, Layla	13	Shoalhaven	17.05
3 Cladingbowl, Ruby	13	Shoalhaven	33.93

Girls 14 Year Olds 100 Meter Run

October: 12.80

Name	Age	Team	Finals
Finals			
1 Wade, Sienna	14	Ryde	14.32

Girls 15 Year Olds 100 Meter Run

October: 13.00

Name	Age	Team	Finals
Finals			
1 Power, Ella	15	Albion Park	13.79
2 Hypatidis, Anthea	15	Campbelltown	13.85
3 Emslie, Chloe	15	Glenbrook LA	15.30
4 harper, annabelle	15	Bowral	17.66

Girls 6 Year Olds 200 Meter Run

October: 39.16

Name	Age	Team	Finals
Finals			
1 De Ruyter, Evie	6	Shoalhaven	48.02
2 Hennen, Ivy	6	Albion Park	48.90
3 Debritt, Indiana	6	NIL	52.73
4 Whitehead, Willow	6	Hawkesbury	55.16
5 Harris, Pippa	6	Kiama	55.85
6 Sandstrom, Isabelle	6	Shoalhaven	56.47
7 Adeleke, Lara	6	Woy Woy Peni	57.96
8 Szczerbanik, Dixie	6	Wollongong C	59.26
9 Crook, Charlie	6	Dapto Little	1:04.44
10 Farrugia, Regina	6	Lake Illawar	1:08.01
11 Brookes, Marley	6	Revesby Work	1:39.34

Girls 7 Year Olds 200 Meter Run

October: 39.00

Name	Age	Team	Finals
Finals			
1 Wheeler, Chloe	7	Sutherland	38.56
2 Bish, Marli	7	Lake Illawar	42.81
3 Donoghoe, Imogen	7	Dapto Little	43.12
4 Iosefo-Fuavaa, Katalina	7	Minchinbury	43.56
5 Beauchamp, Olivia	7	Camden Athle	44.46
6 Castorina, Claudia	7	Rouse Hill R	45.45
7 Quin, Kora	7	St Georges B	45.73
8 Evans, Birdie	7	Albion Park	48.88
9 Allen, Mackenzie	7	St Georges B	49.49
10 Waddell, Mia	7	Albion Park	1:01.42
11 May, Mackenzie	7	Sutherland	1:05.40
12 Auld, Emily	7	Lake Illawar	1:09.80

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Myimbarr Community Park

Results

Girls 8 Year Olds 200 Meter Run

October: 33.20

Name	Age	Team	Finals
Finals			
1	Phan, Amelia	8 Bankstown Sp	36.54
2	Jacobs, Tiana	8 Camden Athle	37.69
3	Plasto, Ella	8 Woden Little	37.74
4	O'Leary, Charlotte	8 Revesby Work	37.77
5	Planer, Millie	8 Penrith Vall	38.77
6	Hennen, Zariah	8 Albion Park	38.84
7	Faanu, Kiahna	8 Revesby Work	39.29
8	Matterson, Arlie	8 Kiama	39.94
9	Hazelton, Camden	8 Lake Illawar	40.31
10	Spencer, Waverley	8 Lake Illawar	40.54
11	Humphries, Sienna	8 Wollongong C	40.59
12	Timms, Gracie	8 Campbelltown	41.80
13	Vickery, Evelyn	8 Shoalhaven	41.96
14	Galloway, Olive	8 Kiama	42.13
15	Milenkovic, Jasmyn	8 Dapto Little	43.27
16	Schofield, Audrey	8 Goulburn Mul	43.29
17	James, Chelsea	8 Shoalhaven	43.47
18	Ward, Ivie	8 Shoalhaven	45.58
19	Lester, Rosie	8 Lake Illawar	46.13
20	Beaumont, Lara	8 Dapto Little	50.62
21	Sawyer, Peyton	8 Douglas Park	51.09
22	Crook, Zoe	8 Dapto Little	54.64

Girls 9 Year Olds 200 Meter Run

October: 31.90

Name	Age	Team	Finals
Finals			
1	Walker, Ella	9 Wollongong C	32.86
2	De Ruyter, Mia	9 Shoalhaven	35.42
3	Collie, Evie	9 Terrigal Wam	35.50
4	Mattiazzo, Evie	9 Rouse Hill R	35.69
5	Spencer, Banksii	9 Lake Illawar	36.10
6	Blayze-Giorgio, Milla	9 NIL	36.98
7	Hogan, Charlotte	9 Camden Athle	37.03
8	Simpson, Elsie	9 NIL	37.79
9	Boyle, Penny	9 Shoalhaven	37.82
10	Sandstrom, Madison	9 Shoalhaven	38.25
11	Sargent, Chloe	9 Camden Athle	38.32
12	Filiposki, Avenue-Sage	9 Lake Illawar	38.81
13	Prammer, Isabelle	9 Lake Illawar	39.44
14	Dixon, Macey	9 Shoalhaven	40.29
15	Ovski, Sophia	9 Wollondilly	40.71
16	Pienaar, Emery	9 Shoalhaven	44.76
17	Auld, Hannah	9 Lake Illawar	49.35
18	Braithwaite-Heywood, Macke	9 Albion Park	51.73

Girls 10 Year Olds 200 Meter Run

October: 30.00

Name	Age	Team	Finals
Finals			
1	Garnett, Maia	10 Rouse Hill R	33.84
2	Kalidis, Anthea	10 Port Hacking	34.13
3	O'Connor, Tilly	10 Shoalhaven	34.18
4	Phan, Kimberly	10 Bankstown Sp	34.33

5	Beaumont, Grace	10 Dapto Little	35.42
6	York, Sienna	10 Lake Illawar	35.57
6	Bozihov, Mila	10 St Georges B	35.57
8	McGivern, Charlotte	10 St George	36.02
9	O'Donohue, Blake	10 Quakers Hill	36.31
10	Humphries, Zara	10 Wollongong C	36.80
11	Branchi, Emily	10 Lake Illawar	39.65
12	Crook, Mikayla	10 Dapto Little	42.87

Girls 11 Year Olds 200 Meter Run

October: 28.10

Name	Age	Team	Finals
Finals			
1	Currie, Molly	11 Port Macquar	30.63
2	Wade, Stella	11 Ryde	30.96
3	Shaw, Charlize	11 Glenbrook LA	31.73
4	Kite, Darcy	11 Lake Illawar	32.46
5	Astin-Briggs, Ashleigh	11 Shoalhaven	32.71
6	Prochazka, Lily	11 Sutherland	33.90
7	Talbot, Aleaha	11 Lake Illawar	34.86
8	Adeleke, Lola	11 Woy Woy Peni	35.22
9	Reis-Vyse, Lola	11 Wollongong C	35.68
10	Smith, Ariana	11 Lake Illawar	36.20
11	Jankowski, Avalon	11 Wollongong C	41.54
12	Stanborough, Lexi	11 St Georges B	49.88

Girls 12 Year Olds 200 Meter Run

October: 27.47

Name	Age	Team	Finals
Finals			
1	York, Ayla	12 Lake Illawar	30.02
2	Ward, Amarlie	12 Shoalhaven	30.22
3	Fardella, Penny	12 Camden Athle	30.58
4	Williams, Nevaeh	12 Shoalhaven	30.76
5	Penney, Lara	12 Campbelltown	34.49
6	Lane, Ivy	12 St George	35.12
7	Paul, Anastacia	12 Ryde	35.36

Girls 13 Year Olds 200 Meter Run

October: 27.40

Name	Age	Team	Finals
Finals			
1	Schofield, Lucy	13 Goulburn Mul	33.22
2	Connolly, Emily	13 Kurrajong Bi	33.35
3	Dixon, Layla	13 Shoalhaven	35.32
4	harper, amelia	13 Bowral	41.05
5	Cladingbowl, Ruby	13 Shoalhaven	1:08.83

Girls 14 Year Olds 200 Meter Run

October: 26.53

Name	Age	Team	Finals
Finals			
1	Wade, Sienna	14 Ryde	29.64

Girls 15 Year Olds 200 Meter Run

October: 27.10

Name	Age	Team	Finals
Finals			
1	Power, Ella	15 Albion Park	28.19
2	Hypatidis, Anthea	15 Campbelltown	29.65

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Myimbarr Community Park

Results

Finals ... (Girls 15 Year Olds 200 Meter Run)

Name	Age	Team	Finals
3 Emslie, Chloe	15	Glenbrook LA	33.13
4 harper, annabelle	15	Bowral	38.92

Girls 6 Year Olds 300 Meter Run

October: 1:06.30

Name	Age	Team	Finals
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Finals

1 Hennen, Ivy	6	Albion Park	1:26.61
2 De Ruyter, Evie	6	Shoalhaven	1:26.94
3 Debritt, Indiana	6	NIL	1:35.50
4 Harris, Pippa	6	Kiama	1:38.68
5 Adeleke, Lara	6	Woy Woy Peni	1:40.24
6 Leggett, Louise	6	Lake Illawar	1:45.01
7 Yaowakhan, Nirada	6	Lake Illawar	1:46.48
8 Szczerbanik, Dixie	6	Wollongong C	1:48.69
9 Johnson, Skyla	6	St Georges B	1:49.96
10 Farrugia, Regina	6	Lake Illawar	2:23.02
11 Crook, Charlie	6	Dapto Little	2:29.95

Girls 8 Year Olds 400 Meter Run Pack Start

Name	Age	Team	Finals
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Finals

1 Plasto, Ella	8	Woden Little	1:26.61
2 O'Leary, Charlotte	8	Revesby Work	1:28.95
3 Hennen, Zariah	8	Albion Park	1:32.42
4 Szczerbanik, Piper	8	Wollongong C	1:35.54
5 Sawyer, Peyton	8	Douglas Park	1:39.93
6 Milenkovic, Jasmyn	8	Dapto Little	1:40.32
7 Jacobs, Tiana	8	Camden Athle	1:41.66
8 Spencer, Waverley	8	Lake Illawar	1:43.82
9 Timms, Gracie	8	Campbelltown	1:44.79
10 Vickery, Evelyn	8	Shoalhaven	1:46.15
11 Ward, Ivie	8	Shoalhaven	1:49.80
12 Galloway, Olive	8	Kiama	1:52.69
13 Humphries, Sienna	8	Wollongong C	1:54.21
14 James, Chelsea	8	Shoalhaven	1:56.07
15 Lester, Rosie	8	Lake Illawar	2:07.59
16 Beaumont, Lara	8	Dapto Little	2:09.95
17 Crook, Zoe	8	Dapto Little	2:17.21

Girls 10 Year Olds 400 Meter Run

October: 1:09.90

Name	Age	Team	Finals
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Finals

1 Simpson, Elsie	9	NIL	1:18.62
2 Kalidis, Anthea	10	Port Hacking	1:23.47
3 Humphries, Zara	10	Wollongong C	1:24.76
4 McGivern, Charlotte	10	St George	1:26.23
5 Phan, Kimberly	10	Bankstown Sp	1:26.69
6 O'Connor, Tilly	10	Shoalhaven	1:29.52
7 Lane, Ruby	10	St George	1:31.20
8 Boyle, Penny	9	Shoalhaven	1:36.09
9 Filiposki, Avenue-Sage	9	Lake Illawar	1:44.01
10 Crook, Mikayla	10	Dapto Little	1:53.59

Girls 12 Year Olds 400 Meter Run

October: 1:01.10

Name	Age	Team	Finals
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Finals

1 Fardella, Penny	12	Camden Athle	1:11.36
2 Houldsworth, Ada	12	Shoalhaven	1:14.37
3 Ward, Amarlie	12	Shoalhaven	1:18.14

Girls 14 Year Olds 400 Meter Run

October: 1:01.85

Name	Age	Team	Finals
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Finals

1 Wade, Sienna	14	Ryde	1:09.92
2 Bremner, Mae	14	Lake Illawar	1:26.08
3 Cladingbowl, Ruby	13	Shoalhaven	2:10.00

Girls 16 Year Olds 400 Meter Run

Name	Age	Team	Finals
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Finals

1 Emslie, Chloe	15	Glenbrook LA	1:18.83
2 Beacroft, Lexie	15	Quakers Hill	1:29.73

Girls 7 Year Olds 500 Meter Run

October: 1:50.90

Name	Age	Team	Finals
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Finals

1 Wheeler, Chloe	7	Sutherland	1:57.49
2 Bish, Marli	7	Lake Illawar	2:11.24
3 May, Mackenzie	7	Sutherland	2:16.00
4 Beauchamp, Olivia	7	Camden Athle	2:20.31
5 Castorina, Claudia	7	Rouse Hill R	2:21.25
6 Evans, Birdie	7	Albion Park	2:25.42
7 Allen, Mackenzie	7	St Georges B	3:02.98
8 Quin, Kora	7	St Georges B	3:07.95

Girls 8 Year Olds 700 Meter Run Pack Start

October: 2:36.90

Name	Age	Team	Finals
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Finals

1 Plasto, Ella	8	Woden Little	2:44.57
2 Hennen, Zariah	8	Albion Park	2:54.84
3 Szczerbanik, Piper	8	Wollongong C	2:57.59
--- Planer, Millie	8	Penrith Vall	NT
--- Crook, Zoe	8	Dapto Little	NT
--- Jacobs, Tiana	8	Camden Athle	NT
--- Houldsworth, Felicity	8	Shoalhaven	NT
--- Debritt, Oceana	8	NIL	NT
--- Ward, Ivie	8	Shoalhaven	NT
--- Humphries, Sienna	8	Wollongong C	NT
--- O'Leary, Charlotte	8	Revesby Work	NT
--- Volpato, Alexandra	8	Hills Distri	NT
--- Lester, Rosie	8	Lake Illawar	NT
--- Spencer, Waverley	8	Lake Illawar	NT
--- Milenkovic, Jasmyn	8	Dapto Little	NT
--- Vickery, Evelyn	8	Shoalhaven	NT
--- Faanu, Kiahna	8	Revesby Work	NT

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Myimbarr Community Park

Results

Girls 9 Year Olds 800 Meter Run

October: 2:54.30 14/01/2018 Keira Toohey

Name	Age	Team	Finals
Finals			
1	Simpson, Elsie	9 NIL	3:06.09
2	Hogan, Charlotte	9 Camden Athle	3:14.02
3	Boyle, Penny	9 Shoalhaven	3:16.31
4	Mattiazzo, Evie	9 Rouse Hill R	3:22.03
5	Spencer, Banksii	9 Lake Illawar	3:23.07
6	Sandstrom, Madison	9 Shoalhaven	3:31.64
7	Ovski, Sophia	9 Wollondilly	3:31.99
8	Filiposki, Avenue-Sage	9 Lake Illawar	3:34.17
9	Dixon, Macey	9 Shoalhaven	4:03.29
10	Brookes, Jordyn	9 Revesby Work	4:23.61
11	Smyth, Holly	9 Lake Illawar	4:42.83
12	Braithwaite-Heywood, Macke	9 Albion Park	4:51.33

Girls 11 Year Olds 800 Meter Run

October: 2:42.70

Name	Age	Team	Finals
Finals			
1	Currie, Molly	11 Port Macquar	2:44.71
2	Wade, Stella	11 Ryde	2:52.27
3	Plasto, Eva	11 Woden Little	2:56.32
4	Kalidis, Anthea	10 Port Hacking	2:57.51
5	Humphries, Zara	10 Wollongong C	3:06.46
6	York, Sienna	10 Lake Illawar	3:18.18
7	Astin-Briggs, Ashleigh	11 Shoalhaven	3:25.15
8	Szczerbanik, Indie-Rose	12 Wollongong C	3:27.46
9	Adeleke, Lola	11 Woy Woy Peni	3:42.50
10	Chapman, Ruby	11 St Georges B	3:42.78
11	Smith, Ariana	11 Lake Illawar	3:45.17
12	Stanborough, Lexi	11 St Georges B	4:40.11

Girls 13 Year Olds 800 Meter Run

October: 2:32.05 08/01/2023 Olivia Galang

Name	Age	Team	Finals
Finals			
1	York, Ayla	12 Lake Illawar	2:45.20
2	Ward, Amarlie	12 Shoalhaven	3:00.74
3	Fardella, Penny	12 Camden Athle	3:02.24
4	Paul, Anastacia	12 Ryde	3:27.85
5	Dixon, Layla	13 Shoalhaven	5:36.60
6	Cladingbowl, Ruby	13 Shoalhaven	5:56.94

Girls 15 Year Olds 800 Meter Run

October: 2:30.40

Name	Age	Team	Finals
Finals			
1	Wade, Sienna	14 Ryde	2:31.45
2	Beacroft, Lexie	15 Quakers Hill	3:12.72
3	Hassan, Daisy	15 Goulburn Mul	3:32.12
4	harper, annabelle	15 Bowral	3:56.30

Girls 17 Year Olds 800 Meter Run

October: 2:59.90

Name	Age	Team	Finals
Finals			
1	Olson, Matilda	17 Quakers Hill	2:59.84

Girls 12 Year Olds 1500 Meter Run

October: 5:23.80

Name	Age	Team	Finals
Finals			
1	Lock, Caitlin	12 Dapto Little	6:16.17
2	Penney, Lara	12 Campbelltown	6:42.70
3	Szczerbanik, Indie-Rose	12 Wollongong C	6:51.79

Girls 14 Year Olds 1500 Meter Run

October: 5:17.52 08/10/2017 Georgia Richards

Name	Age	Team	Finals
Finals			
1	Wade, Sienna	14 Ryde	5:13.42
2	May, Amelia	14 Sutherland	6:57.93
3	Bennett, Hayley	13 Albion Park	7:23.86
4	Bremner, Mae	14 Lake Illawar	7:41.14

Girls 16 Year Olds 1500 Meter Run

Name	Age	Team	Finals
Finals			
1	Beacroft, Lexie	15 Quakers Hill	6:21.87
2	Twigden, Lilly	15 Campbelltown	6:51.01

Girls 8 Year Olds 60 Meter Hurdles 45cm

October: 11.60

Name	Age	Team	Finals
Finals			
1	Phan, Amelia	8 Bankstown Sp	12.29
2	Plasto, Ella	8 Woden Little	12.41
3	Faanu, Kiahna	8 Revesby Work	12.79
4	Volpato, Alexandra	8 Hills Distri	13.37
5	O'Leary, Charlotte	8 Revesby Work	13.38
6	Jacobs, Tiana	8 Camden Athle	13.54
7	Vickery, Evelyn	8 Shoalhaven	13.61
8	Sawyer, Peyton	8 Douglas Park	13.62
9	Hennen, Zariah	8 Albion Park	13.73
10	Planer, Millie	8 Penrith Vall	13.79
11	Spencer, Waverley	8 Lake Illawar	14.15
12	Milenkovic, Jasmyn	8 Dapto Little	14.54
13	Schofield, Audrey	8 Goulburn Mul	14.76
14	Szczerbanik, Piper	8 Wollongong C	14.77
15	Solyali, Autumn	8 Camden Athle	14.79
16	Lester, Rosie	8 Lake Illawar	15.12
17	Houldsworth, Felicity	8 Shoalhaven	17.41
18	Beaumont, Lara	8 Dapto Little	18.09

Girls 9 Year Olds 60 Meter Hurdles 45cm

October: 10.55 10/01/2021 Mercedes Baxter

Name	Age	Team	Finals
Finals			
1	Collie, Evie	9 Terrigal Wam	11.56
2	Mattiazzo, Evie	9 Rouse Hill R	12.29
3	Spencer, Banksii	9 Lake Illawar	12.41
4	Blayze-Giorgio, Milla	9 NIL	12.71
5	Boyle, Penny	9 Shoalhaven	12.91
6	Dixon, Macey	9 Shoalhaven	12.95
7	Filiposki, Avenue-Sage	9 Lake Illawar	13.00
8	Brookes, Jordyn	9 Revesby Work	13.01
9	Sandstrom, Madison	9 Shoalhaven	13.16

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Finals ... (Girls 9 Year Olds 60 Meter Hurdles 45cm)

Name	Age	Team	Finals
10	Prammer, Isabelle	9 Lake Illawar	13.24
11	Simpson, Elsie	9 NIL	13.31
12	Sargent, Chloe	9 Camden Athle	13.35
13	Mair, Amelia	9 Campbelltown	13.46
14	Pienaar, Emery	9 Shoalhaven	13.84
15	Solyali, Violet	9 Camden Athle	16.93
16	Braithwaite-Heywood, Macke	9 Albion Park	17.03
17	Smyth, Holly	9 Lake Illawar	17.73

Girls 10 Year Olds 60 Meter Hurdles 60cm

October: 10.10

Name	Age	Team	Finals
1	Bozihov, Mila	10 St Georges B	11.16
2	Hopkins, Sienna	10 Bankstown Sp	12.17
3	Phan, Kimberly	10 Bankstown Sp	12.66
4	Clark, Amelia	10 Campbelltown	13.31
5	Beaumont, Grace	10 Dapto Little	13.38
6	O'Donohue, Blake	10 Quakers Hill	13.42
7	York, Sienna	10 Lake Illawar	13.65
8	McGivern, Charlotte	10 St George	13.74
9	Kalidis, Anthea	10 Port Hacking	14.23
10	Ng, Alyssa	10 St George	14.31
11	Lane, Ruby	10 St George	15.18
12	Bremner, Mollie	10 Lake Illawar	16.04
13	Thompson, Mia	10 Glenbrook	16.76

Girls 11 Year Olds 80 Meter Hurdles 60cm

October: 13.91 10/01/2021 Jade Strahl

Name	Age	Team	Finals
1	Plasto, Eva	11 Woden Little	15.40
2	Talbot, Aleaha	11 Lake Illawar	15.83
3	Adeleke, Lola	11 Woy Woy Peni	17.22
4	Astin-Briggs, Ashleigh	11 Shoalhaven	17.79
5	Reis-Vyse, Lola	11 Wollongong C	17.88
6	Shaw, Charlize	11 Glenbrook LA	18.54
7	Smith, Ariana	11 Lake Illawar	18.61
8	Worth, Sarah-Lee	11 Illawong Lit	18.78
9	Chapman, Ruby	11 St Georges B	19.52
10	Kite, Darcy	11 Lake Illawar	21.95

Girls 12 Year Olds 80 Meter Hurdles 60cm

October: 14.00 08/10/2023 Savannah Cox

Name	Age	Team	Finals
1	Fardella, Penny	12 Camden Athle	17.13
2	Lane, Ivy	12 St George	17.91
3	Ng, Gemma	12 St George	18.06

Girls 13 Year Olds 80 Meter Hurdles 76cm

October: 13.00

Name	Age	Team	Finals
1	harper, amelia	13 Bowral	18.81
2	Schofield, Lucy	13 Goulburn Mul	18.84
3	Dixon, Layla	13 Shoalhaven	19.55

4	Bennett, Hayley	13 Albion Park	20.16
5	Lester, Charlotte	13 Lake Illawar	20.86
6	Connolly, Emily	13 Kurrajong Bi	24.55

Girls 14 Year Olds 90 Meter Hurdles 76cm

Name	Age	Team	Finals
1	May, Amelia	14 Sutherland	20.69

Girls 15 Year Olds 90 Meter Hurdles 76cm

October: 13.73 08/10/2017 Grace Adams

Name	Age	Team	Finals
1	Hypatidis, Anthea	15 Campbelltown	17.04
2	Judd, Summer	15 Prestons Rob	17.41
3	Hassan, Daisy	15 Goulburn Mul	19.13
4	Clowes, Isabella	15 Lake Illawar	19.17
5	Emslie, Chloe	15 Glenbrook LA	19.77
6	harper, annabelle	15 Bowral	20.50

Girls 17 Year Olds 100 Meter Hurdles 76cm

October: 15.80

Name	Age	Team	Finals
1	Mandavy, Natarsha	17 St Georges B	18.52
2	Olson, Matilda	17 Quakers Hill	21.36

Girls 9 Year Olds High Jump S/H - 0.80m

October: 1.11m 07/10/2018 Olivia Scott-Rogers

Name	Age	Team	Finals
1	Collie, Evie	9 Terrigal Wam	1.00m
1	Hogan, Charlotte	9 Camden Athle	1.00m
3	Mattiazzo, Evie	9 Rouse Hill R	J1.00m
4	Blayze-Giorgio, Milla	9 NIL	J1.00m
5	Ries, Jordan	9 Rouse Hill R	0.95m
6	Simpson, Elsie	9 NIL	0.90m
7	Spencer, Banksii	9 Lake Illawar	J0.90m
8	Sandstrom, Madison	9 Shoalhaven	J0.90m
9	Pienaar, Emery	9 Shoalhaven	0.85m
9	Filiposki, Avenue-Sage	9 Lake Illawar	0.85m
11	Dixon, Macey	9 Shoalhaven	0.80m
---	Smyth, Holly	9 Lake Illawar	NH
---	Brookes, Jordyn	9 Revesby Work	NH
---	Worth, Bethany	9 Illawong Lit	NH
---	Solyali, Violet	9 Camden Athle	NH
---	Prammer, Isabelle	9 Lake Illawar	NH

Girls 10 Year Olds High Jump S/H - 0.85m

October: 1.30m

Name	Age	Team	Finals
1	Bozihov, Mila	10 St Georges B	1.10m
2	Hopkins, Sienna	10 Bankstown Sp	1.08m
3	York, Sienna	10 Lake Illawar	1.05m
4	Beaumont, Grace	10 Dapto Little	1.00m
5	Garnett, Maia	10 Rouse Hill R	0.95m
6	Branchi, Emily	10 Lake Illawar	0.90m
7	Lane, Ruby	10 St George	J0.90m

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Girls 11 Year Olds High Jump S/H - 0.90m

October: 1.34m

Name	Age	Team	Finals
Finals			
1 Shaw, Charlize	11	Glenbrook LA	1.27m
2 Plasto, Eva	11	Woden Little	1.24m
3 Currie, Molly	11	Port Macquar	1.15m
4 Adeleke, Lola	11	Woy Woy Peni	J1.15m
5 Talbot, Aleaha	11	Lake Illawar	1.10m
6 Powter, Antonia	11	Emu Plains	1.05m
6 Prochazka, Lily	11	Sutherland	1.05m
8 Gregory, Zoe	11	Lake Illawar	J1.05m
9 Smith, Ariana	11	Lake Illawar	J1.05m
10 Jankowski, Avalon	11	Wollongong C	1.00m
11 Reis-Vyse, Lola	11	Wollongong C	J1.00m
12 Astin-Briggs, Ashleigh	11	Shoalhaven	0.95m
13 Worth, Sarah-Lee	11	Illawong Lit	0.90m
--- Stanborough, Lexi	11	St Georges B	NH
--- Chapman, Ruby	11	St Georges B	NH

Girls 13 Year Olds High Jump S/H - 1.00m

October: 1.55m 07/10/2018 Delta Amidzovski

Name	Age	Team	Finals
Finals			
1 Massey, Mackenzie	12	Kiama	1.15m
2 Lester, Charlotte	13	Lake Illawar	1.10m
3 Lane, Ivy	12	St George	1.05m
--- Dixon, Layla	13	Shoalhaven	NH

Girls 15 Year Olds High Jump S/H - 1.10m

October: 1.60m

Name	Age	Team	Finals
Finals			
1 Twigden, Lilly	15	Campbelltown	1.40m
2 Clowes, Isabella	15	Lake Illawar	1.35m
3 May, Amelia	14	Sutherland	1.30m

Girls 17 Year Olds High Jump S/H - 1.20m

October: 1.60m

Name	Age	Team	Finals
Finals			
1 Mandavy, Natarsha	17	St Georges B	1.35m

Girls 6 Year Olds Long Jump

October: 2.61m

Name	Age	Team	Finals
Finals			
1 De Ruyter, Evie	6	Shoalhaven	2.36m
2 Sandstrom, Isabelle	6	Shoalhaven	2.20m
3 Hennen, Ivy	6	Albion Park	1.89m
4 Johnson, Skylar	6	St Georges B	1.88m
5 Adeleke, Lara	6	Woy Woy Peni	1.82m
6 Leggett, Louise	6	Lake Illawar	1.65m
7 Debritt, Indiana	6	NIL	1.63m
8 Hazelton, Peyton	6	Lake Illawar	1.39m
9 Harris, Pippa	6	Kiama	1.32m
10 Farrugia, Regina	6	Lake Illawar	1.29m
11 Brookes, Marley	6	Revesby Work	1.26m
12 Pienaar, Sune	6	Shoalhaven	1.22m

Girls 7 Year Olds Long Jump

October: 3.17m 10/01/2021 Harlow Pate

Name	Age	Team	Finals
Finals			
1 Wheeler, Chloe	7	Sutherland	2.56m
2 Bish, Marli	7	Lake Illawar	2.51m
3 May, Mackenzie	7	Sutherland	2.35m
4 Allen, Mackenzie	7	St Georges B	2.32m
5 Iosefo-Fuavaa, Katalina	7	Minchinbury	2.31m
6 Donoghoe, Imogen	7	Dapto Little	2.25m
7 Worth, Monique	7	Illawong Lit	2.24m
8 Castorina, Claudia	7	Rouse Hill R	2.23m
9 Beauchamp, Olivia	7	Camden Athle	1.99m
10 Quin, Kora	7	St Georges B	1.69m
11 Waddell, Mia	7	Albion Park	1.44m
12 Auld, Emily	7	Lake Illawar	0.45m

Girls 8 Year Olds Long Jump

October: 3.96m 09/01/2022 Harlow Pate

Name	Age	Team	Finals
Finals			
1 O'Leary, Charlotte	8	Revesby Work	3.16m
2 Plasto, Ella	8	Woden Little	3.14m
3 Planer, Millie	8	Penrith Vall	2.92m
4 Vickery, Evelyn	8	Shoalhaven	2.79m
5 Hennen, Zariah	8	Albion Park	2.73m
6 Faanu, Kiahna	8	Revesby Work	J2.73m
7 Matterson, Arlie	8	Kiama	2.72m
8 Iosefo Fuavaa, Aganoa	8	Minchinbury	2.70m
9 Volpato, Alexandra	8	Hills Distri	2.65m
10 Sawyer, Peyton	8	Douglas Park	2.60m
11 James, Chelsea	8	Shoalhaven	2.48m
12 Schofield, Audrey	8	Goulburn Mul	2.47m
13 Hazelton, Camden	8	Lake Illawar	2.44m
14 Milenkovic, Jasmyn	8	Dapto Little	2.39m
15 Lester, Rosie	8	Lake Illawar	2.35m
16 Taylor, Madeline	8	Dapto Little	2.34m
17 Houldsworth, Felicity	8	Shoalhaven	J2.34m
18 Spencer, Waverley	8	Lake Illawar	2.26m
19 Debritt, Oceana	8	NIL	2.19m
20 Solyali, Autumn	8	Camden Athle	2.17m
21 Beaumont, Lara	8	Dapto Little	2.15m
22 Sultana, Arianna	8	Camden Athle	2.14m

Girls 9 Year Olds Long Jump

October: 4.15m 13/01/2002 Rebecca Mounsey

Name	Age	Team	Finals
Finals			
1 Collie, Evie	9	Terrigal Wam	3.64m
2 De Ruyter, Mia	9	Shoalhaven	3.54m
3 Blayze-Giorgio, Milla	9	NIL	3.34m
4 Sargent, Chloe	9	Camden Athle	3.27m
5 Spencer, Banksii	9	Lake Illawar	3.18m
6 Simpson, Elsie	9	NIL	3.17m
7 Fuavaa, Mackenzie	9	Minchinbury	3.13m
8 Ovski, Sophia	9	Wollondilly	J3.13m
9 Hogan, Charlotte	9	Camden Athle	3.12m
10 Filiposki, Avenue-Sage	9	Lake Illawar	3.10m

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Finals ... (Girls 9 Year Olds Long Jump)

Name	Age	Team	Finals
11 Ries, Jordan	9	Rouse Hill R	3.05m
12 Brookes, Jordyn	9	Revesby Work	2.98m
13 Sandstrom, Madison	9	Shoalhaven	2.94m
14 Mattiazzo, Evie	9	Rouse Hill R	J2.94m
15 Dixon, Macey	9	Shoalhaven	2.67m
16 Worth, Bethany	9	Illawong Lit	2.59m
17 Pienaar, Emery	9	Shoalhaven	2.58m
18 Smyth, Holly	9	Lake Illawar	1.93m
19 Auld, Hannah	9	Lake Illawar	1.89m
20 Braithwaite-Heywood, Macke	9	Albion Park	1.82m

Girls 10 Year Olds Long Jump

October: 4.24m

Name	Age	Team	Finals
1 Hopkins, Sienna	10	Bankstown Sp	3.80m
2 O'Donohue, Blake	10	Quakers Hill	3.58m
3 McGivern, Charlotte	10	St George	J3.58m
4 Bozihov, Mila	10	St Georges B	3.55m
5 O'Connor, Tilly	10	Shoalhaven	3.43m
6 Kalidis, Anthea	10	Port Hacking	3.37m
7 York, Sienna	10	Lake Illawar	3.34m
8 Beaumont, Grace	10	Dapto Little	3.33m
9 Thompson, Mia	10	Glenbrook	3.17m
10 Ng, Alyssa	10	St George	2.93m
11 Lane, Ruby	10	St George	2.90m
12 Bremner, Mollie	10	Lake Illawar	2.62m
13 Crook, Mikayla	10	Dapto Little	2.60m
14 Branchi, Emily	10	Lake Illawar	2.57m
15 Germano, Anabelle	10	Lake Illawar	2.51m

Girls 12 Year Olds Long Jump

October: 4.59m

Name	Age	Team	Finals
1 York, Ayla	12	Lake Illawar	4.32m
2 Williams, Nevaeh	12	Shoalhaven	4.18m
3 Talbot, Aleaha	11	Lake Illawar	3.94m
4 Shaw, Charlize	11	Glenbrook LA	3.89m
5 Jankowski, Avalon	11	Wollongong C	3.80m
6 Gregory, Zoe	11	Lake Illawar	3.66m
7 Fardella, Penny	12	Camden Athle	3.65m
8 Massey, Mackenzie	12	Kiama	3.54m
9 Lane, Ivy	12	St George	3.51m
10 Adeleke, Lola	11	Woy Woy Peni	3.46m
11 Reis-Vyse, Lola	11	Wollongong C	3.36m
12 Ng, Gemma	12	St George	3.18m
13 Smith, Ariana	11	Lake Illawar	3.07m
14 Lock, Caitlin	12	Dapto Little	2.95m
15 Stanborough, Lexi	11	St Georges B	2.06m

Girls 14 Year Olds Long Jump

October: 5.36m 06/01/2019 Delta Amidzovski

Name	Age	Team	Finals
1 May, Amelia	14	Sutherland	4.02m
2 Lester, Charlotte	13	Lake Illawar	3.30m

3 Bremner, Mae 14 Lake Illawar 3.04m

Girls 16 Year Olds Long Jump

Name	Age	Team	Finals
1 Hypatidis, Anthea	15	Campbelltown	5.14m
2 Clowes, Isabella	15	Lake Illawar	4.43m
3 Emslie, Chloe	15	Glenbrook LA	3.43m

Girls 11 Year Olds Triple Jump

October: 9.30m

Name	Age	Team	Finals
1 Currie, Molly	11	Port Macquar	8.24m
2 Shaw, Charlize	11	Glenbrook LA	7.91m
3 Gregory, Zoe	11	Lake Illawar	7.32m
4 Plasto, Eva	11	Woden Little	6.90m
5 Chapman, Ruby	11	St Georges B	6.69m
6 Worth, Sarah-Lee	11	Illawong Lit	6.67m
7 Powter, Antonia	11	Emu Plains	6.60m
8 Adeleke, Lola	11	Woy Woy Peni	6.34m
9 Reis-Vyse, Lola	11	Wollongong C	5.97m
10 Astin-Briggs, Ashleigh	11	Shoalhaven	5.87m
11 Maloney, Sophie	11	Colyton St C	5.51m

Girls 13 Year Olds Triple Jump

October: 10.64m

Name	Age	Team	Finals
1 York, Ayla	12	Lake Illawar	8.40m
2 Williams, Nevaeh	12	Shoalhaven	8.26m
3 harper, amelia	13	Bowral	8.14m
4 Lane, Ivy	12	St George	J8.14m
5 Massey, Mackenzie	12	Kiama	7.25m
6 Ng, Gemma	12	St George	6.81m
7 Lester, Charlotte	13	Lake Illawar	J6.81m
8 Dixon, Layla	13	Shoalhaven	6.09m

Girls 15 Year Olds Triple Jump

October: 11.01m

Name	Age	Team	Finals
1 Clowes, Isabella	15	Lake Illawar	10.40m
2 Hypatidis, Anthea	15	Campbelltown	10.29m
3 Judd, Summer	15	Prestons Rob	9.84m
4 Emslie, Chloe	15	Glenbrook LA	7.69m
5 harper, annabelle	15	Bowral	6.29m

Girls 17 Year Olds Triple Jump

October: 10.86m

Name	Age	Team	Finals
1 Mandavy, Natarsha	17	St Georges B	8.82m
2 Naylor, Kadance	16	St Georges B	6.21m

Girls 6 Year Olds Shot Put 500g

October: 4.33m 09/01/2022 Indiana Fabrellas

Name	Age	Team	Finals
1 Sandstrom, Isabelle	6	Shoalhaven	2.76m

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Myimbarr Community Park

Results

Finals ... (Girls 6 Year Olds Shot Put 500g)

Name	Age	Team	Finals
2 Debritt, Indiana	6	NIL	2.59m
3 Smith, Beatrice	6	Eastern Subu	2.43m
4 Adeleke, Lara	6	Woy Woy Peni	2.42m
5 Brookes, Marley	6	Revesby Work	2.32m
6 Farrugia, Regina	6	Lake Illawar	1.72m

Girls 7 Year Olds Shot Put 1kg

October: 6.91m

Name	Age	Team	Finals
1 Iosefo-Fuavaa, Katalina	7	Minchinbury	4.43m
2 Allen, Mackenzie	7	St Georges B	3.56m
3 May, Mackenzie	7	Sutherland	3.50m
4 Beauchamp, Olivia	7	Camden Athle	3.46m
5 Waddell, Mia	7	Albion Park	3.42m
6 Quin, Kora	7	St Georges B	3.14m
7 Castorina, Claudia	7	Rouse Hill R	2.74m
8 Bish, Marli	7	Lake Illawar	2.68m
9 Worth, Monique	7	Illawong Lit	2.55m

Girls 8 Year Olds Shot Put 1.5kg

October: 8.43m

Name	Age	Team	Finals
1 Iosefo Fuavaa, Aganoa	8	Minchinbury	6.56m
2 Solyali, Autumn	8	Camden Athle	5.30m
3 Vickery, Evelyn	8	Shoalhaven	5.26m
4 Plasto, Ella	8	Woden Little	5.21m
5 Faanu, Kiahna	8	Revesby Work	5.09m
6 O'Leary, Charlotte	8	Revesby Work	4.20m
7 Debritt, Oceana	8	NIL	4.02m
8 Milenkovic, Jasmyn	8	Dapto Little	3.94m
9 Szczerbaniak, Piper	8	Wollongong C	3.88m
10 Taylor, Madeline	8	Dapto Little	3.33m
11 Beaumont, Lara	8	Dapto Little	3.33m
12 Sultana, Arianna	8	Camden Athle	3.29m
13 Lester, Rosie	8	Lake Illawar	3.21m
14 James, Chelsea	8	Shoalhaven	2.99m
15 Spencer, Waverley	8	Lake Illawar	2.42m

Girls 9 Year Olds Shot Put 2kg

October: 8.41m

Name	Age	Team	Finals
1 Ries, Jordan	9	Rouse Hill R	6.83m
2 Brookes, Jordyn	9	Revesby Work	6.27m
3 Fuavaa, Mackenzie	9	Minchinbury	5.88m
4 Solyali, Violet	9	Camden Athle	5.36m
5 Hogan, Charlotte	9	Camden Athle	5.09m
6 Collie, Evie	9	Terrigal Wam	4.91m
7 Hedges, Stevie	9	Albion Park	4.65m
8 Spencer, Banksii	9	Lake Illawar	4.36m
9 Filiposki, Avenue-Sage	9	Lake Illawar	3.95m
10 Dixon, Macey	9	Shoalhaven	3.65m
11 Simpson, Elsie	9	NIL	3.33m
12 Smyth, Holly	9	Lake Illawar	3.06m
13 Auld, Hannah	9	Lake Illawar	2.99m

Girls 10 Year Olds Shot Put 2kg

October: 9.39m

Name	Age	Team	Finals
1 Lane, Ruby	10	St George	5.06m
2 Bremner, Mollie	10	Lake Illawar	4.87m
3 Thompson, Mia	10	Glenbrook	4.65m
4 O'Connor, Tilly	10	Shoalhaven	4.63m
5 Beaumont, Grace	10	Dapto Little	4.43m
6 Germano, Anabelle	10	Lake Illawar	4.39m
7 Ng, Alyssa	10	St George	4.02m

Girls 11 Year Olds Shot Put 2kg

October: 11.66m

Name	Age	Team	Finals
1 D Mani, Danalakshmi	11	Sutherland	7.70m
2 Powter, Antonia	11	Emu Plains	6.85m
3 Maloney, Sophie	11	Colyton St C	6.60m
4 Shaw, Charlize	11	Glenbrook LA	6.12m
5 Adeleke, Lola	11	Woy Woy Peni	5.93m
6 Astin-Briggs, Ashleigh	11	Shoalhaven	5.24m
7 Plasto, Eva	11	Woden Little	4.77m
8 Chapman, Ruby	11	St Georges B	4.68m
9 Reis-Vyse, Lola	11	Wollongong C	4.42m
10 Jankowski, Avalon	11	Wollongong C	4.21m
11 Stanborough, Lexi	11	St Georges B	3.42m

Girls 12 Year Olds Shot Put 2kg

October: 14.28m

Name	Age	Team	Finals
1 Penney, Lara	12	Campbelltown	9.05m
2 McDiarmid Great, Stella	12	Nepean Lac	8.85m
3 Beck, Abby	12	Shoalhaven	7.56m
4 York, Ayla	12	Lake Illawar	7.44m
5 Lane, Ivy	12	St George	7.12m
6 Massey, Mackenzie	12	Kiama	6.91m
7 Fardella, Penny	12	Camden Athle	5.99m
8 Ng, Gemma	12	St George	5.48m

Girls 13 Year Olds Shot Put 3kg

October: 11.92m 06/01/2016 Chelsea Ezeoke

Name	Age	Team	Finals
1 Schofield, Lucy	13	Goulburn Mul	7.76m
2 Bennett, Hayley	13	Albion Park	5.28m
3 Connolly, Emily	13	Kurrajong Bi	5.25m
4 harper, amelia	13	Bowral	5.17m
5 Lester, Charlotte	13	Lake Illawar	4.28m
6 Cladingbowl, Ruby	13	Shoalhaven	3.65m

Girls 14 Year Olds Shot Put 3kg

October: 12.25m

Name	Age	Team	Finals
1 Beck, Layla	14	Shoalhaven	8.77m

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Girls 15 Year Olds Shot Put 3kg

October: 13.30m 12/01/2020 Molly Goetz

Name	Age	Team	Finals
Finals			
1	Clowes, Isabella	15 Lake Illawar	8.18m
2	Judd, Summer	15 Prestons Rob	7.72m
3	Hutchison, Mackenzie	15 Albion Park	7.37m
4	Beacroft, Lexie	15 Quakers Hill	6.63m
5	Emslie, Chloe	15 Glenbrook LA	6.21m
6	harper, annabelle	15 Bowral	5.54m

Girls 16 Year Olds Shot Put 3kg

Name	Age	Team	Finals
Finals			
1	Naylor, Kadance	16 St Georges B	9.40m

Girls 17 Year Olds Shot Put 3kg

October: 13.85m 08/10/2023 Chelsy Wayne

Name	Age	Team	Finals
Finals			
1	Mandavy, Natarsha	17 St Georges B	9.07m
2	Olson, Matilda	17 Quakers Hill	8.49m
3	McGarry, Aleisha	17 Lake Illawar	8.18m

Girls 6 Year Olds Discus Throw 350G

October: 10.28m

Name	Age	Team	Finals
Finals			
1	De Ruyter, Evie	6 Shoalhaven	6.93m
2	Adeleke, Lara	6 Woy Woy Peni	6.78m
3	Brookes, Marley	6 Revesby Work	5.59m
4	Astin, Emmy	6 Kiama	5.40m
5	Sandstrom, Isabelle	6 Shoalhaven	5.38m
6	Johnson, Skyla	6 St Georges B	5.22m
7	Szczerbanik, Dixie	6 Wollongong C	4.32m
8	Debritt, Indiana	6 NIL	3.32m
9	Pienaar, Sune	6 Shoalhaven	3.08m
10	Smith, Beatrice	6 Eastern Subu	2.94m
11	Hennen, Ivy	6 Albion Park	2.36m
12	Harris, Pippa	6 Kiama	2.21m
13	Farrugia, Regina	6 Lake Illawar	1.86m

Girls 7 Year Olds Discus Throw 350G

October: 18.41m

Name	Age	Team	Finals
Finals			
1	Allen, Mackenzie	7 St Georges B	9.70m
2	Iosefo-Fuavaa, Katalina	7 Minchinbury	9.49m
3	May, Mackenzie	7 Sutherland	8.65m
4	Beauchamp, Olivia	7 Camden Athle	7.92m
5	Bish, Marli	7 Lake Illawar	7.63m
6	Waddell, Mia	7 Albion Park	5.16m
7	Quin, Kora	7 St Georges B	3.75m
8	Auld, Emily	7 Lake Illawar	3.72m

Girls 8 Year Olds Discus Throw 500G

October: 19.63m

Name	Age	Team	Finals
Finals			
1	Iosefo Fuavaa, Aganoa	8 Minchinbury	16.78m
2	Vickery, Evelyn	8 Shoalhaven	16.40m
3	Faanu, Kiahna	8 Revesby Work	15.52m
4	Plasto, Ella	8 Woden Little	15.21m
5	Solyali, Autumn	8 Camden Athle	14.57m
6	Debritt, Oceana	8 NIL	10.64m
7	O'Leary, Charlotte	8 Revesby Work	9.65m
8	Hennen, Zariah	8 Albion Park	9.34m
9	Lester, Rosie	8 Lake Illawar	8.87m
10	Schofield, Audrey	8 Goulburn Mul	7.67m
11	Milenkovic, Jasmyn	8 Dapto Little	7.51m
12	Sultana, Arianna	8 Camden Athle	7.28m
13	Taylor, Madeline	8 Dapto Little	6.77m
14	Beaumont, Lara	8 Dapto Little	6.76m
15	James, Chelsea	8 Shoalhaven	4.55m

Girls 9 Year Olds Discus Throw 500G

October: 24.95m

Name	Age	Team	Finals
Finals			
1	Fuavaa, Mackenzie	9 Minchinbury	20.73m
2	Brookes, Jordyn	9 Revesby Work	20.62m
3	Ries, Jordan	9 Rouse Hill R	19.57m
4	Hogan, Charlotte	9 Camden Athle	17.69m
5	Solyali, Violet	9 Camden Athle	16.18m
6	Collie, Evie	9 Terrigal Wam	12.89m
7	De Ruyter, Mia	9 Shoalhaven	12.04m
8	Hedges, Stevie	9 Albion Park	11.88m
9	Dixon, Macey	9 Shoalhaven	11.75m
10	Worth, Bethany	9 Illawong Lit	11.06m
11	Filiposki, Avenue-Sage	9 Lake Illawar	8.83m
12	Blayze-Giorgio, Milla	9 NIL	8.66m
13	Mattiazzo, Evie	9 Rouse Hill R	8.24m
14	Simpson, Elsie	9 NIL	8.23m
15	Sandstrom, Madison	9 Shoalhaven	7.58m
16	Prammer, Isabelle	9 Lake Illawar	7.32m
17	Auld, Hannah	9 Lake Illawar	6.49m
18	Smyth, Holly	9 Lake Illawar	6.22m
19	Pienaar, Emery	9 Shoalhaven	3.60m
---	Spencer, Banksii	9 Lake Illawar	FOUL

Girls 10 Year Olds Discus Throw 500G

October: 28.96m

Name	Age	Team	Finals
Finals			
1	Kalidis, Anthea	10 Port Hacking	15.83m
2	Lane, Ruby	10 St George	12.44m
3	Thompson, Mia	10 Glenbrook	12.23m
4	Germano, Anabelle	10 Lake Illawar	11.39m
5	Bremner, Mollie	10 Lake Illawar	10.92m
6	O'Connor, Tilly	10 Shoalhaven	9.02m
7	Beaumont, Grace	10 Dapto Little	8.05m
7	Ng, Alyssa	10 St George	8.05m

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Girls 11 Year Olds Discus Throw 500G

October: 33.85m 11/10/2020 Annisha Reader

Name	Age	Team	Finals
Finals			
1	D Mani, Danalakshmi	11 Sutherland	32.55m
2	Powter, Antonia	11 Emu Plains	29.42m
3	Wade, Stella	11 Ryde	27.49m
4	Worth, Sarah-Lee	11 Illawong Lit	25.75m
5	Maloney, Sophie	11 Colyton St C	21.98m
6	Astin-Briggs, Ashleigh	11 Shoalhaven	17.65m
7	Adeleke, Lola	11 Woy Woy Peni	15.90m
8	Jankowski, Avalon	11 Wollongong C	10.98m
9	Chapman, Ruby	11 St Georges B	10.48m
10	Stanborough, Lexi	11 St Georges B	6.77m
---	Kite, Darcy	11 Lake Illawar	FOUL

Girls 12 Year Olds Discus Throw 750G

October: 33.02m

Name	Age	Team	Finals
Finals			
1	Beck, Abby	12 Shoalhaven	21.66m
2	Lane, Ivy	12 St George	19.90m
3	York, Ayla	12 Lake Illawar	16.40m
4	McDiarmid Great, Stella	12 Nepean Lac	15.87m
5	Williams, Nevaeh	12 Shoalhaven	14.96m
6	Penney, Lara	12 Campbelltown	13.51m
7	Fardella, Penny	12 Camden Athle	12.98m
8	Ng, Gemma	12 St George	10.09m

Girls 13 Year Olds Discus Throw 750G

October: 40.87m

Name	Age	Team	Finals
Finals			
1	Schofield, Lucy	13 Goulburn Mul	25.58m
2	Lester, Charlotte	13 Lake Illawar	11.40m
3	harper, amelia	13 Bowral	11.29m
4	Dixon, Layla	13 Shoalhaven	11.12m
5	Bennett, Hayley	13 Albion Park	11.06m
6	Connolly, Emily	13 Kurrajong Bi	10.26m
7	Cladingbowl, Ruby	13 Shoalhaven	6.22m

Girls 14 Year Olds Discus Throw 1KG

October: 40.83m

Name	Age	Team	Finals
Finals			
1	Beck, Layla	14 Shoalhaven	29.08m

Girls 15 Year Olds Discus Throw 1KG

October: 39.95m

Name	Age	Team	Finals
Finals			
1	Hutchison, Mackenzie	15 Albion Park	23.28m
2	Judd, Summer	15 Prestons Rob	20.30m
3	Clowes, Isabella	15 Lake Illawar	20.04m
4	Beacroft, Lexie	15 Quakers Hill	18.73m
5	Hypatidis, Anthea	15 Campbelltown	18.00m
6	Emslie, Chloe	15 Glenbrook LA	15.04m
7	harper, annabelle	15 Bowral	13.68m

Girls 16 Year Olds Discus Throw 1KG

Name	Age	Team	Finals
Finals			
1	Naylor, Kadance	16 St Georges B	25.35m

Girls 17 Year Olds Discus Throw 1KG

October: 47.84m 08/10/2023 Chelsy Wayne

Name	Age	Team	Finals
Finals			
1	Olson, Matilda	17 Quakers Hill	29.05m
2	Mandavy, Natarsha	17 St Georges B	26.41m
3	McGarry, Aleisha	17 Lake Illawar	25.06m

Girls 11 Year Olds Javelin Throw 400G

October: 22.17m 14/01/2018 Emma Matthias

Name	Age	Team	Finals
Finals			
1	Wade, Stella	11 Ryde	14.04m
2	Powter, Antonia	11 Emu Plains	12.66m
3	Worth, Sarah-Lee	11 Illawong Lit	11.22m
4	Plasto, Eva	11 Woden Little	10.86m
5	Adeleke, Lola	11 Woy Woy Peni	10.39m
6	Currie, Molly	11 Port Macquar	9.94m
7	Jankowski, Avalon	11 Wollongong C	9.76m
8	Maloney, Sophie	11 Colyton St C	9.15m
9	Astin-Briggs, Ashleigh	11 Shoalhaven	9.01m
10	Reis-Vyse, Lola	11 Wollongong C	5.41m
11	Stanborough, Lexi	11 St Georges B	4.53m

Girls 12 Year Olds Javelin Throw 400G

October: 32.79m 08/10/2023 Ocean Kennedy

Name	Age	Team	Finals
Finals			
1	Penney, Lara	12 Campbelltown	19.01m
2	McDiarmid Great, Stella	12 Nepean Lac	17.71m
3	Beck, Abby	12 Shoalhaven	15.45m
4	Lane, Ivy	12 St George	13.62m
5	Ng, Gemma	12 St George	10.67m
6	York, Ayla	12 Lake Illawar	6.76m

Girls 13 Year Olds Javelin Throw 400g

October: 30.42m

Name	Age	Team	Finals
Finals			
1	harper, amelia	13 Bowral	17.25m
2	Connolly, Emily	13 Kurrajong Bi	10.66m
3	Lester, Charlotte	13 Lake Illawar	8.88m
4	Bennett, Hayley	13 Albion Park	7.33m

Girls 14 Year Olds Javelin Throw 500g

October: 36.16m

Name	Age	Team	Finals
Finals			
1	Beck, Layla	14 Shoalhaven	27.38m
2	May, Amelia	14 Sutherland	12.79m

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Girls 15 Year Olds Javelin Throw 500g

October: 34.12m

Name	Age	Team	Finals
Finals			
1	Judd, Summer	15 Prestons Rob	26.98m
2	Hassan, Daisy	15 Goulburn Mul	24.23m
3	Clowes, Isabella	15 Lake Illawar	19.29m
4	harper, annabelle	15 Bowral	12.61m
5	Beacroft, Lexie	15 Quakers Hill	10.93m

Girls 16 Year Olds Javelin Throw 500g

Name	Age	Team	Finals
Finals			
1	Naylor, Kadance	16 St Georges B	33.55m

Girls 17 Year Olds Javelin Throw 500g

October: 36.82m 09/01/2022 Hayley Blanch

Name	Age	Team	Finals
Finals			
1	McGarry, Aleisha	17 Lake Illawar	22.05m
2	Mandavy, Natarsha	17 St Georges B	21.60m
3	Olson, Matilda	17 Quakers Hill	17.17m

Women 60 Meter Run

October: 7.90

Name	Age	Team	Finals
Finals			
1	Mandavy, Natarsha	17 St Georges B	8.76
2	Lane, Ivy	12 St George	9.94

Women 20 Year Olds 400 Meter Run

Name	Age	Team	Finals
Finals			
1	Olson, Matilda	17 Quakers Hill	1:19.33

Women 21+ Shot Put Age Weight

October: 10.85m

Name	Age	Team	Finals
Finals			
1	Naylor, Lauren	21 Nowra	8.02m
2	Lane, Donna	21 ILLS	7.82m
3	Cole, Emalie	21 Goulburn Mul	5.66m
4	Schofield, Georgia	21 Goulburn Mul	4.80m

Women 21+ Discus Throw 1KG

October: 49.60m

Name	Age	Team	Finals
Finals			
1	Naylor, Lauren	21 Nowra	16.92m
2	Lane, Donna	21 ILLS	15.35m

Women 21+ Javelin Throw Age Weight

October: 35.02m

Name	Age	Team	Finals
Finals			
1	Naylor, Lauren	21 Nowra	26.12m
2	Lane, Donna	21 ILLS	15.39m
3	Cole, Emalie	21 Goulburn Mul	10.53m
4	Schofield, Georgia	21 Goulburn Mul	8.29m

Boys 6 Year Olds 70 Meter Run

October: 12.20

Name	Age	Team	Finals
Finals			
1	Harris, Elijah	6 Dapto Little	13.89
2	Hales, Will	6 Campbelltown	14.41
3	Holland-Hines, Ky'ree	6 Albion Park	14.46
4	Lacey, Lakyn	6 Campbelltown	15.12
5	Mace, Emerson	6 Lake Illawar	16.26
6	Levitski, Lee	6 NIL	16.81
7	Bennett, Hamish	6 St Georges B	17.27
8	Henry-Smith, Zayd	6 Lake Illawar	17.56
9	Duncan, Rocky	6 Albion Park	18.90
10	Stephens, Keenan	6 Lake Illawar	19.88

Boys 7 Year Olds 70 Meter Run

October: 11.70

Name	Age	Team	Finals
Finals			
1	Flecknoe, Loki	7 Albion Park	12.54
2	Fogarty, Harvey	7 Lake Illawar	12.83
3	Khouiss, Roman	7 Girraween Li	12.85
4	Flecknoe, Rusta	7 Albion Park	12.86
5	Torres, Levi	7 Camden Athle	12.98
6	Johnson, Darcy	7 Camden Athle	13.63
7	Ayoub, Nathaniel	7 Albion Park	13.67
7	Allison, Nullah	7 Lake Illawar	13.67
9	Stiffle, Toby	7 Camden Athle	13.96
10	Trainer, Dusty	7 Hawkesbury	14.12
11	Sultana, Xavier	7 Camden Athle	14.22
12	Minch, Harlen	7 Dapto Little	14.29
13	Ovdski, Xavier	7 Wollondilly	14.38
14	Hazlewood, Zachary	7 Albion Park	14.89

Boys 6 Year Olds 100 Meter Run

October: 17.50

Name	Age	Team	Finals
Finals			
1	Harris, Elijah	6 Dapto Little	19.90
2	Hales, Will	6 Campbelltown	20.16
3	Holland-Hines, Ky'ree	6 Albion Park	21.24
4	Boyle, Owen	6 Shoalhaven	21.88
5	Mace, Emerson	6 Lake Illawar	21.91
6	Henry-Smith, Zayd	6 Lake Illawar	22.69
7	Lacey, Lakyn	6 Campbelltown	25.04
8	Bennett, Hamish	6 St Georges B	25.10
9	Levitski, Lee	6 NIL	29.27
10	Stephens, Keenan	6 Lake Illawar	32.06

Boys 7 Year Olds 100 Meter Run

October: 16.40

Name	Age	Team	Finals
Finals			
1	Flecknoe, Rusta	7 Albion Park	18.00
2	Flecknoe, Loki	7 Albion Park	18.32
3	Khouiss, Roman	7 Girraween Li	18.34
4	Fogarty, Harvey	7 Lake Illawar	18.95
5	Torres, Levi	7 Camden Athle	19.05

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Finals ... (Boys 7 Year Olds 100 Meter Run)

Name	Age	Team	Finals
6 Allison, Nullah	7	Lake Illawar	19.38
7 Ayoub, Nathaniel	7	Albion Park	19.83
8 Trainer, Dusty	7	Hawkesbury	19.99
9 Stiffle, Toby	7	Camden Athle	20.08
10 Johnson, Darcy	7	Camden Athle	20.12
11 Minch, Harlen	7	Dapto Little	20.44
12 Ovdski, Xavier	7	Wollondilly	21.24
13 Sultana, Xavier	7	Camden Athle	22.23
14 Hazlewood, Zachary	7	Albion Park	22.32

Boys 8 Year Olds 100 Meter Run

October: 15.20

Name	Age	Team	Finals
1 Grillett, Liam	8	Hills Distri	16.64
2 Centorino, Harrison	8	Hills Distri	16.73
3 Moynihan, Fiachra	8	Campbelltown	17.24
4 Hales, Nate	8	Campbelltown	17.25
5 Thompson, Noah	8	Glenbrook	17.30
6 Pooley, Rhys	8	Kiama	17.38
7 Adeleke, Kobe	8	Woy Woy Peni	17.79
8 Uzunov, Jack	8	Camden Athle	17.89
9 Sharpe, Ryder	8	Shoalhaven	18.59
10 Green, Arthur	8	Dapto Little	19.07
11 Day, Jameson	8	Shoalhaven	19.66
12 Roxburgh, Ziggy	8	Sutherland	20.05
13 Brandon, Nullah	8	Shoalhaven	20.51
14 Lane, Oliver	8	St George	20.83
15 Bremner, Archie	8	Lake Illawar	21.00
16 Dennett, Luke	8	Shoalhaven	21.54
17 Leslie, Jakai	8	Nepean Lac	21.72
18 Yung, Connor	8	Camden Athle	22.49
19 Farrugia, Fredrick	8	Lake Illawar	23.28

Boys 9 Year Olds 100 Meter Run

October: 14.60

Name	Age	Team	Finals
1 Worthy, Isaac	9	Wollongong C	16.19
2 Forth, Arthur	9	Nepean Lac	16.53
3 Bennett, Braylen	9	Camden Athle	17.01
4 Astin, Gus	9	Kiama	17.03
5 Mace, Eden	9	Lake Illawar	17.29
6 Durell, Toby	9	Shoalhaven	17.55
7 Webb, Archie	9	St Georges B	17.69
8 Orfali, Naeem	9	Campbelltown	18.23
9 Bish, Jude	9	Lake Illawar	18.25
10 Akkari, Issa	9	Revesby Work	18.31
11 Johnson, Zayne	9	Camden Athle	18.54
12 Botticchio, Angus	9	Calwell Litt	18.65
13 Fogarty, Toby	9	Lake Illawar	18.96
14 Lord, Jensen	9	Shoalhaven	19.71
15 Ayoub, Isaiah	9	Albion Park	22.38
16 Quin, Delcan	9	St Georges B	23.31

Boys 10 Year Olds 100 Meter Run

October: 13.70

Name	Age	Team	Finals
1 Orfali, Karim	10	Campbelltown	15.49
2 Moynihan, Ogie	10	Campbelltown	15.52
3 Dennett, Sam	10	Shoalhaven	15.67
4 Yung, Oliver	10	Camden Athle	15.68
5 Winchester, Billy	10	Kiama	15.72
6 Lacey, Cohen	10	Campbelltown	16.12
7 Pooley, Torin	10	Kiama	16.49
8 Johnson, Tyler	10	Camden Athle	17.15
9 Currie, Rory	10	Port Macquar	17.32
10 Smith, Zander	10	Eastern Subu	17.73
11 Johnson, Lucas	10	St Georges B	20.34

Boys 11 Year Olds 100 Meter Run

October: 13.50

Name	Age	Team	Finals
1 Sapateh, Amir	11	Sutherland	14.39
2 Evans, Ziggy	11	Albion Park	14.90
3 Nelson, Dane	11	Campbelltown	15.53
4 May, Zachary	11	Sutherland	15.81
5 Carlaw, Braxton	11	Lake Illawar	15.91
6 Lord, Brodie	11	Shoalhaven	15.95
7 Akkari, Idris	11	Revesby Work	16.47
8 Brandon, Alakai	11	Shoalhaven	17.14
9 Evans, Soul	11	Albion Park	17.34
10 Davison, Callan	11	St Georges B	18.30

Boys 12 Year Olds 100 Meter Run

October: 13.20

Name	Age	Team	Finals
1 Guercio, Lucas	12	Bankstown Sp	13.84
2 Sandstrom, Riley	12	Shoalhaven	13.87
3 Barton, Jarvis	12	Revesby Work	14.43
4 Connolly, Benjamin	12	Kurrajong Bi	14.85
4 Dixon, Tyler	12	Shoalhaven	14.85
6 Jesus, Ky	12	Albion Park	15.33
7 Hutchison, Jackson	12	Albion Park	16.05
8 Govou, Amiah	12	Sutherland	22.98

Boys 13 Year Olds 100 Meter Run

October: 12.30

Name	Age	Team	Finals
1 Younie, Ryan	13	Camden Athle	13.49
2 Bennett, Reuben	13	Camden Athle	13.70
3 Tuimuntri, Kittikawin	13	Lake Illawar	14.06
4 Cook, Oliver	13	Illawong Lit	15.20
5 Astin-Briggs, Joshua	13	Shoalhaven	16.32

Boys 14 Year Olds 100 Meter Run

October: 11.90

Name	Age	Team	Finals
1 Vagg, Morgan	14	Lake Illawar	14.21

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Finals ... (Boys 14 Year Olds 100 Meter Run)

Name	Age	Team	Finals
2 Reis-Vyse, Oscar	14	Wollongong C	14.82
3 Govou, Eli	14	Sutherland	15.07

Boys 15 Year Olds 100 Meter Run

October: 11.40

Name	Age	Team	Finals
1 Cole, Thomas	15	Goulburn Mul	13.25
2 Te Ahuru-itama, Lucius	15	Albion Park	13.70

Boys 6 Year Olds 200 Meter Run

October: 40.60

Name	Age	Team	Finals
1 Hales, Will	6	Campbelltown	43.96
2 Boyle, Owen	6	Shoalhaven	46.05
3 Harris, Elijah	6	Dapto Little	46.41
4 Holland-Hines, Ky'ree	6	Albion Park	48.19
5 Levitski, Lee	6	NIL	49.39
6 Mace, Emerson	6	Lake Illawar	50.06
7 Lacey, Lakyn	6	Campbelltown	52.97
8 Henry-Smith, Zayd	6	Lake Illawar	53.62
9 Bennett, Hamish	6	St Georges B	57.41

Boys 7 Year Olds 200 Meter Run

October: 36.70

Name	Age	Team	Finals
1 Flecknoe, Rusta	7	Albion Park	39.73
2 Flecknoe, Loki	7	Albion Park	40.79
3 Johnson, Darcy	7	Camden Athle	41.45
4 Torres, Levi	7	Camden Athle	41.54
5 Fogarty, Harvey	7	Lake Illawar	41.61
6 Khouiss, Roman	7	Girraween Li	41.67
7 Ayoub, Nathaniel	7	Albion Park	43.26
8 Allison, Nullah	7	Lake Illawar	43.27
9 Minch, Harlen	7	Dapto Little	43.28
10 Stiffle, Toby	7	Camden Athle	46.67
11 Sultana, Xavier	7	Camden Athle	47.56
12 Ovdski, Xavier	7	Wollondilly	48.09
13 Hazlewood, Zachary	7	Albion Park	49.75

Boys 8 Year Olds 200 Meter Run

October: 32.90

Name	Age	Team	Finals
1 Grillett, Liam	8	Hills Distri	35.49
2 Hales, Nate	8	Campbelltown	36.81
3 Centorino, Harrison	8	Hills Distri	36.93
4 Levitski, Kai	8	NIL	36.94
5 Moynihan, Fiachra	8	Campbelltown	38.68
6 Adeleke, Kobe	8	Woy Woy Peni	39.04
7 Brandon, Nullah	8	Shoalhaven	39.99
8 Sharpe, Ryder	8	Shoalhaven	40.46
9 Pooley, Rhys	8	Kiama	40.94
10 Taylor, Zayne	8	Camden Athle	41.25
11 Dennett, Luke	8	Shoalhaven	44.77

12 Day, Jameson	8	Shoalhaven	45.44
13 Green, Arthur	8	Dapto Little	45.94
14 Uzunov, Jack	8	Camden Athle	46.38
15 Lane, Oliver	8	St George	46.43
16 Roxburgh, Ziggy	8	Sutherland	46.59
17 Yung, Connor	8	Camden Athle	49.10
18 Sandona, Hayden	8	Albion Park	50.41
19 Farrugia, Fredrick	8	Lake Illawar	52.64

Boys 9 Year Olds 200 Meter Run

October: 30.30

Name	Age	Team	Finals
1 Worthy, Isaac	9	Wollongong C	34.85
2 Bennett, Braylen	9	Camden Athle	36.09
3 Mace, Eden	9	Lake Illawar	36.30
4 Astin, Gus	9	Kiama	36.62
5 Akkari, Issa	9	Revesby Work	36.97
6 Durell, Toby	9	Shoalhaven	37.25
7 France, Liam	9	Shoalhaven	38.19
8 Bish, Jude	9	Lake Illawar	38.59
9 Johnson, Zayne	9	Camden Athle	38.61
10 Thistlethwaite, Finn	9	Lake Illawar	38.86
11 Botticchio, Angus	9	Calwell Litt	38.87
12 Orfali, Naeem	9	Campbelltown	39.17
13 Webb, Archie	9	St Georges B	39.25
14 Lord, Jensen	9	Shoalhaven	43.45
15 Fogarty, Toby	9	Lake Illawar	43.62
16 Davison, Liam	9	St Georges B	48.18
17 Quin, Delcan	9	St Georges B	52.09
18 Ayoub, Isaiah	9	Albion Park	54.19

Boys 10 Year Olds 200 Meter Run

October: 28.50

Name	Age	Team	Finals
1 Orfali, Karim	10	Campbelltown	31.81
2 Dennett, Sam	10	Shoalhaven	32.22
3 Winchester, Billy	10	Kiama	32.71
4 Yung, Oliver	10	Camden Athle	33.29
5 Moynihan, Ogie	10	Campbelltown	33.73
6 Lacey, Cohen	10	Campbelltown	34.54
7 Pooley, Torin	10	Kiama	35.55
8 Currie, Rory	10	Port Macquar	36.79
9 Johnson, Tyler	10	Camden Athle	38.14
10 Smith, Zander	10	Eastern Subu	38.71
11 Prammer, Joseph	10	Lake Illawar	39.32
12 Johnson, Lucas	10	St Georges B	41.63
13 Naylor, Braxton	10	St Georges B	42.78

Boys 11 Year Olds 200 Meter Run

October: 28.60

Name	Age	Team	Finals
1 Sapateh, Amir	11	Sutherland	29.85
2 Evans, Ziggy	11	Albion Park	29.87
3 Nelson, Dane	11	Campbelltown	32.24
4 Lord, Brodie	11	Shoalhaven	33.50
5 May, Zachary	11	Sutherland	33.56

Lake Illawarra Athletics Centre - 13/10/2024

October Carnival

Myimbarr Community Park

Results

Finals ... (Boys 11 Year Olds 200 Meter Run)

Name	Age	Team	Finals
6 Evans, Soul	11	Albion Park	34.03
7 Akkari, Idris	11	Revesby Work	34.41
8 Davison, Callan	11	St Georges B	35.39
9 Brandon, Alakai	11	Shoalhaven	36.19
10 Bennett, Oliver	11	Albion Park	36.37

Boys 12 Year Olds 200 Meter Run

October: 27.70

Name	Age	Team	Finals
1 Guercio, Lucas	12	Bankstown Sp	28.66
2 Barton, Jarvis	12	Revesby Work	29.40
3 Connolly, Benjamin	12	Kurrajong Bi	30.50
4 Mattiazzo, Chase	12	Rouse Hill R	30.74
5 Sandstrom, Riley	12	Shoalhaven	31.04
6 Jesus, Ky	12	Albion Park	32.09
7 Henry, Connor	12	St Georges B	33.54
8 Hutchison, Jackson	12	Albion Park	34.19

Boys 13 Year Olds 200 Meter Run

October: 27.21

Name	Age	Team	Finals
1 Younie, Ryan	13	Camden Athle	28.29
2 Bennett, Reuben	13	Camden Athle	28.40
3 Tuimuntri, Kittikawin	13	Lake Illawar	29.39
4 Wheeler, Isaac	13	Sutherland	31.48
5 Blair, Taj	13	Shoalhaven	33.92
6 Astin-Briggs, Joshua	13	Shoalhaven	33.93
7 Cook, Oliver	13	Illawong Lit	34.72

Boys 14 Year Olds 200 Meter Run

October: 24.50

Name	Age	Team	Finals
1 Reis-Vyse, Oscar	14	Wollongong C	30.47
2 Govou, Eli	14	Sutherland	31.75

Boys 15 Year Olds 200 Meter Run

October: 24.60

Name	Age	Team	Finals
1 Cole, Thomas	15	Goulburn Mul	27.68
2 Barton, Tom	15	Revesby Work	27.78
3 Te Ahuru-itama, Lucius	15	Albion Park	29.32

Boys 6 Year Olds 300 Meter Run

October: 1:02.50

Name	Age	Team	Finals
1 Harris, Elijah	6	Dapto Little	1:19.35
2 Holland-Hines, Ky'ree	6	Albion Park	1:21.08
3 Boyle, Owen	6	Shoalhaven	1:23.87
4 Mace, Emerson	6	Lake Illawar	1:25.26
5 Lacey, Lakyn	6	Campbelltown	1:31.36
6 Henry-Smith, Zayd	6	Lake Illawar	1:33.31
7 Levitski, Lee	6	NIL	1:37.96
8 Duncan, Rocky	6	Albion Park	1:43.94

9 Bennett, Hamish	6	St Georges B	1:44.01
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Boys 8 Year Olds 400 Meter Run Pack Start

Name	Age	Team	Finals
1 Grillett, Liam	8	Hills Distri	1:24.62
2 Levitski, Kai	8	NIL	1:30.40
3 Hales, Nate	8	Campbelltown	1:32.28
4 Pooley, Rhys	8	Kiama	1:34.70
5 Moynihan, Fiachra	8	Campbelltown	1:35.07
6 Taylor, Zayne	8	Camden Athle	1:35.09
7 Adeleke, Kobe	8	Woy Woy Peni	1:42.62
8 Centorino, Harrison	8	Hills Distri	1:45.26
9 Green, Arthur	8	Dapto Little	1:49.79
10 Day, Jameson	8	Shoalhaven	1:51.22
11 Brandon, Nullah	8	Shoalhaven	1:51.77
12 Yung, Connor	8	Camden Athle	2:21.67
13 Farrugia, Fredrick	8	Lake Illawar	2:28.85

Boys 10 Year Olds 400 Meter Run

October: 1:07.90

Name	Age	Team	Finals
1 Kurniadi, Jacob	10	Penrith Vall	1:16.90
2 Orfali, Karim	10	Campbelltown	1:18.05
3 Yung, Oliver	10	Camden Athle	1:21.96
4 Winchester, Billy	10	Kiama	1:22.50
5 Lacey, Cohen	10	Campbelltown	1:24.88
6 Peart, Kostya	9	Port Hacking	1:26.59
7 Pooley, Torin	10	Kiama	1:26.80
8 Astin, Gus	9	Kiama	1:29.04
9 Durell, Toby	9	Shoalhaven	1:29.26
10 Johnson, Tyler	10	Camden Athle	1:30.48
11 Akkari, Issa	9	Revesby Work	1:30.65
12 Moynihan, Ogie	10	Campbelltown	1:31.33
13 Smith, Zander	10	Eastern Subu	1:34.81
14 Johnson, Zayne	9	Camden Athle	1:38.29
15 France, Liam	9	Shoalhaven	1:38.88
16 Johnson, Lucas	10	St Georges B	1:39.51
17 Castorina, Christian	10	Rouse Hill R	1:41.57
18 Thistlethwaite, Finn	9	Lake Illawar	1:43.08
19 Ayoub, Isaiah	9	Albion Park	2:33.39

Boys 12 Year Olds 400 Meter Run

October: 1:03.70

Name	Age	Team	Finals
1 Barton, Jarvis	12	Revesby Work	1:12.38
2 Sapateh, Amir	11	Sutherland	1:15.46
3 Connolly, Benjamin	12	Kurrajong Bi	1:18.09
4 Lord, Brodie	11	Shoalhaven	1:20.14
5 Jesus, Ky	12	Albion Park	1:20.67
6 Henry, Connor	12	St Georges B	1:21.62
7 Akkari, Idris	11	Revesby Work	1:22.68

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Boys 14 Year Olds 400 Meter Run

October: 58.80

Name	Age	Team	Finals
Finals			
1	Shepherdson Woohead, Milo	14 AW	1:01.24
2	Bennett, Reuben	13 Camden Athle	1:14.67
3	Wheeler, Isaac	13 Sutherland	1:15.99
4	Govou, Eli	14 Sutherland	1:23.44

Boys 16 Year Olds 400 Meter Run

Name	Age	Team	Finals
Finals			
1	Cole, Thomas	15 Goulburn Mul	1:11.42

Boys 7 Year Olds 500 Meter Run

October: 1:45.00

Name	Age	Team	Finals
Finals			
1	Flecknoe, Rusta	7 Albion Park	2:00.74
2	Flecknoe, Loki	7 Albion Park	2:01.95
3	Johnson, Darcy	7 Camden Athle	2:04.57
4	Fogarty, Harvey	7 Lake Illawar	2:09.94
5	Khouiss, Roman	7 Girraween Li	2:10.43
6	Minch, Harlen	7 Dapto Little	2:14.65
7	Ayoub, Nathaniel	7 Albion Park	2:15.06
8	Allison, Nullah	7 Lake Illawar	2:22.63
9	Stiffle, Toby	7 Camden Athle	2:23.44
10	Hazlewood, Zachary	7 Albion Park	2:29.93
11	Torres, Levi	7 Camden Athle	2:32.94
12	Filiposki, Urban-Nash	7 Lake Illawar	2:43.53

Boys 8 Year Olds 700 Meter Run Pack Start

October: 2:28.00

Name	Age	Team	Finals
Finals			
1	Grillett, Liam	8 Hills Distri	2:41.98
2	Thompson, Noah	8 Glenbrook	2:47.17
3	Moynihan, Fiachra	8 Campbelltown	2:48.47
4	Farrugia, Fredrick	8 Lake Illawar	2:49.43
5	Day, Jameson	8 Shoalhaven	3:40.04
6	Yung, Connor	8 Camden Athle	3:52.64
---	Taylor, Zayne	8 Camden Athle	NT
---	Green, Arthur	8 Dapto Little	NT
---	Sandona, Hayden	8 Albion Park	NT

Boys 9 Year Olds 800 Meter Run

October: 2:35.40

Name	Age	Team	Finals
Finals			
1	Pearl, Kostya	9 Port Hacking	3:01.17
2	Akkari, Issa	9 Revesby Work	3:07.00
3	Astin, Gus	9 Kiama	3:11.11
4	Durell, Toby	9 Shoalhaven	3:17.91
5	Orfali, Nacem	9 Campbelltown	3:23.32
6	Johnson, Zayne	9 Camden Athle	3:24.53
7	Bennett, Braylen	9 Camden Athle	3:27.10
8	France, Liam	9 Shoalhaven	3:29.64
9	Bish, Jude	9 Lake Illawar	3:33.56
10	Worthy, Isaac	9 Wollongong C	3:38.25

11	Mace, Eden	9 Lake Illawar	3:42.61
12	Thistlethwaite, Finn	9 Lake Illawar	3:51.58
13	Davison, Liam	9 St Georges B	3:57.71
14	Fogarty, Toby	9 Lake Illawar	5:09.72
15	Ayoub, Isaiah	9 Albion Park	5:22.89

Boys 11 Year Olds 800 Meter Run

October: 2:30.69 10/01/2021 Lachlan Wheeler

Name	Age	Team	Finals
Finals			
1	Evans, Ziggy	11 Albion Park	2:42.69
2	Kurniadi, Jacob	10 Penrith Vall	2:46.29
3	Orfali, Karim	10 Campbelltown	2:48.54
4	Sapateh, Amir	11 Sutherland	2:49.65
5	Akkari, Idris	11 Revesby Work	2:54.51
6	Dennett, Sam	10 Shoalhaven	3:03.00
7	Evans, Soul	11 Albion Park	3:06.69
8	Lord, Brodie	11 Shoalhaven	3:07.32
9	Bennett, Declan	11 St Georges B	3:08.61
10	Johnson, Tyler	10 Camden Athle	3:09.87
11	Bennett, Oliver	11 Albion Park	3:17.68
12	Yung, Oliver	10 Camden Athle	3:20.67
13	Moynihan, Ogie	10 Campbelltown	3:23.62
14	Brandon, Alakai	11 Shoalhaven	3:35.83
15	Forth, Liam	11 Nepean Lac	3:48.26

Boys 13 Year Olds 800 Meter Run

October: 2:21.53 08/10/2023 Xavier Zahra

Name	Age	Team	Finals
Finals			
1	Wheeler, Isaac	13 Sutherland	2:46.26
2	Bennett, Reuben	13 Camden Athle	2:48.98
3	Astin-Briggs, Joshua	13 Shoalhaven	3:06.65

Boys 15 Year Olds 800 Meter Run

October: 2:15.19

Name	Age	Team	Finals
Finals			
1	Barton, Tom	15 Revesby Work	2:38.21
2	Cole, Thomas	15 Goulburn Mul	2:56.41

Boys 12 Year Olds 1500 Meter Run

October: 5:10.20

Name	Age	Team	Finals
Finals			
1	Akkari, Idris	11 Revesby Work	5:45.71
2	Bennett, Oliver	11 Albion Park	5:53.30
3	Bennett, Declan	11 St Georges B	5:54.33
4	Botticchio, Felix	12 Calwell Litt	5:58.85
5	Davison, Callan	11 St Georges B	6:14.35
6	Lord, Brodie	11 Shoalhaven	6:19.25

Boys 14 Year Olds 1500 Meter Run

October: 4:42.22 08/10/2023 Xavier Zahra

Name	Age	Team	Finals
Finals			
1	Field, Noah	14 Bankstown Sp	5:51.98

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Boys 8 Year Olds 60 Meter Hurdles 45cm

October: 11.00

Name	Age	Team	Finals
Finals			
1 Grillet, Liam	8	Hills Distri	11.97
2 Thompson, Noah	8	Glenbrook	11.99
3 Centorino, Harrison	8	Hills Distri	12.47
4 Adeleke, Kobe	8	Woy Woy Peni	12.66
5 Sandona, Hayden	8	Albion Park	13.36
6 Day, Jameson	8	Shoalhaven	13.52
7 Pooley, Rhys	8	Kiama	13.83
8 Levitski, Kai	8	NIL	14.16
9 Dennett, Luke	8	Shoalhaven	14.30
9 Brandon, Nullah	8	Shoalhaven	14.30
11 Farrugia, Fredrick	8	Lake Illawar	14.86
12 Bremner, Archie	8	Lake Illawar	15.16
13 Lane, Oliver	8	St George	16.08
14 Green, Arthur	8	Dapto Little	16.91
15 Yung, Connor	8	Camden Athle	18.94
16 Moynihan, Fiachra	8	Campbelltown	19.95
17 Uzunov, Jack	8	Camden Athle	20.85

Boys 9 Year Olds 60 Meter Hurdles 45cm

October: 10.50

Name	Age	Team	Finals
Finals			
1 Forth, Arthur	9	Nepean Lac	10.77
2 Worthy, Isaac	9	Wollongong C	10.92
3 Astin, Gus	9	Kiama	12.20
4 Bennett, Braylen	9	Camden Athle	12.25
5 Akkari, Issa	9	Revesby Work	12.81
6 Mace, Eden	9	Lake Illawar	12.97
7 Bish, Jude	9	Lake Illawar	12.98
8 Durell, Toby	9	Shoalhaven	13.18
9 Johnson, Zayne	9	Camden Athle	13.35
10 France, Liam	9	Shoalhaven	13.53
11 Orfali, Naeem	9	Campbelltown	13.90
12 Davison, Liam	9	St Georges B	15.51
13 Ayoub, Isaiah	9	Albion Park	17.12
14 Quin, Delcan	9	St Georges B	18.66

Boys 10 Year Olds 60 Meter Hurdles 60cm

October: 10.10 20/10/2019 Lachlan Wheeler

Name	Age	Team	Finals
Finals			
1 Dennett, Sam	10	Shoalhaven	12.01
2 Pooley, Torin	10	Kiama	12.19
3 Lacey, Cohen	10	Campbelltown	12.45
4 Orfali, Karim	10	Campbelltown	12.68
5 Yung, Oliver	10	Camden Athle	12.91
6 Moynihan, Ogie	10	Campbelltown	13.03
7 Smith, Zander	10	Eastern Subu	13.23
8 Johnson, Tyler	10	Camden Athle	13.25
9 Currie, Rory	10	Port Macquar	13.89
10 Naylor, Braxton	10	St Georges B	14.21
11 Castorina, Christian	10	Rouse Hill R	14.31
12 Prammer, Joseph	10	Lake Illawar	14.80
13 Johnson, Lucas	10	St Georges B	15.45

Boys 11 Year Olds 80 Meter Hurdles 60cm

October: 13.79 08/10/2023 Chase Mattiazzo

Name	Age	Team	Finals
Finals			
1 Sapateh, Amir	11	Sutherland	15.05
2 Forth, Harrison	11	Nepean Lac	15.56
3 Brandon, Alakai	11	Shoalhaven	18.08
4 Davison, Callan	11	St Georges B	18.90
5 Bennett, Oliver	11	Albion Park	19.33

Boys 12 Year Olds 80 Meter Hurdles 68cm

October: 14.05 10/01/2021 Joshua Kannengiesser

Name	Age	Team	Finals
Finals			
1 Guercio, Lucas	12	Bankstown Sp	14.00
2 Barton, Jarvis	12	Revesby Work	14.74
3 Jesus, Ky	12	Albion Park	15.04
4 Dixon, Tyler	12	Shoalhaven	16.62
5 Mattiazzo, Chase	12	Rouse Hill R	17.67
6 Henry, Connor	12	St Georges B	19.12

Boys 13 Year Olds 90 Meter Hurdles 76cm

Name	Age	Team	Finals
Finals			
1 Bennett, Reuben	13	Camden Athle	17.62
2 Tuimuntri, Kittikawin	13	Lake Illawar	17.87
3 Blair, Taj	13	Shoalhaven	19.81
4 Astin-Briggs, Joshua	13	Shoalhaven	19.87

Boys 14 Year Olds 100 Meter Hurdles 76cm

Name	Age	Team	Finals
Finals			
1 Vagg, Morgan	14	Lake Illawar	21.13

Boys 15 Year Olds 100 Meter Hurdles 76cm

October: 13.20

Name	Age	Team	Finals
Finals			
1 Cole, Thomas	15	Goulburn Mul	19.06
2 Barton, Tom	15	Revesby Work	21.21

Boys 9 Year Olds High Jump S/H - 0.85m

October: 1.20m 08/10/2017 Germaine Wright

Name	Age	Team	Finals
Finals			
1 Forth, Arthur	9	Nepean Lac	1.18m
2 Worthy, Isaac	9	Wollongong C	1.03m
3 Bennett, Braylen	9	Camden Athle	0.90m
4 Bish, Jude	9	Lake Illawar	J0.90m
5 Astin, Gus	9	Kiama	0.85m
5 Lord, Jensen	9	Shoalhaven	0.85m
7 Orfali, Naeem	9	Campbelltown	J0.85m
7 France, Liam	9	Shoalhaven	J0.85m
7 Johnson, Zayne	9	Camden Athle	J0.85m
7 Botticchio, Angus	9	Calwell Litt	J0.85m
--- Ayoub, Isaiah	9	Albion Park	NH
--- Quin, Delcan	9	St Georges B	NH
--- Mace, Eden	9	Lake Illawar	NH
--- Davison, Liam	9	St Georges B	NH

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Finals ... (Boys 9 Year Olds High Jump S/H - 0.85m)

Name	Age	Team	Finals
--- Fogarty, Toby	9	Lake Illawar	NH
--- Thistlethwaite, Finn	9	Lake Illawar	NH

Boys 10 Year Olds High Jump S/H - 0.90m

October: 1.34m

Name	Age	Team	Finals
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Finals

1 Lacey, Cohen	10	Campbelltown	1.14m
2 Dennett, Sam	10	Shoalhaven	1.08m
3 Orfali, Karim	10	Campbelltown	J1.08m
4 Johnson, Tyler	10	Camden Athle	1.05m
5 Currie, Rory	10	Port Macquar	J1.05m
6 Moynihan, Ogie	10	Campbelltown	1.00m
7 Pooley, Torin	10	Kiama	J1.00m
8 Naylor, Braxton	10	St Georges B	0.95m
9 Yung, Oliver	10	Camden Athle	0.90m
--- Johnson, Lucas	10	St Georges B	NH
--- Prammer, Joseph	10	Lake Illawar	NH

Boys 11 Year Olds High Jump S/H - 0.95m

October: 1.38m

Name	Age	Team	Finals
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Finals

1 Garnett, Levi	11	Rouse Hill R	1.30m
2 Sapateh, Amir	11	Sutherland	1.15m
3 Lord, Brodie	11	Shoalhaven	1.10m
4 Brandon, Alakai	11	Shoalhaven	1.05m
4 Carlaw, Braxton	11	Lake Illawar	1.05m
6 Bennett, Oliver	11	Albion Park	1.00m
7 May, Zachary	11	Sutherland	J1.00m
8 Davison, Callan	11	St Georges B	J1.00m

Boys 13 Year Olds High Jump S/H - 1.05m

October: 1.53m

Name	Age	Team	Finals
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Finals

1 Younie, Ryan	13	Camden Athle	1.35m
2 Bennett, Reuben	13	Camden Athle	1.30m
3 Henry, Connor	12	St Georges B	1.20m
4 Astin-Briggs, Joshua	13	Shoalhaven	1.10m
5 Blair, Taj	13	Shoalhaven	J1.10m

Boys 15 Year Olds High Jump S/H - 1.15m

October: 1.70m 08/10/2017 Jayden Wright

Name	Age	Team	Finals
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Finals

1 Alfano, Stephen	15	Kiama	1.55m
2 Te Ahuru-itama, Lucius	15	Albion Park	1.30m

Boys 6 Year Olds Long Jump

October: 2.97m

Name	Age	Team	Finals
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Finals

1 Boyle, Owen	6	Shoalhaven	2.26m
2 Holland-Hines, Ky'ree	6	Albion Park	2.22m
3 Hales, Will	6	Campbelltown	1.98m
4 Mace, Emerson	6	Lake Illawar	J1.98m
5 Bennett, Hamish	6	St Georges B	1.65m

6 Henry-Smith, Zayd	6	Lake Illawar	1.56m
7 Stephens, Keenan	6	Lake Illawar	1.29m

Boys 7 Year Olds Long Jump
October: 3.72m

Name	Age	Team	Finals
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Finals

1 Flecknoe, Loki	7	Albion Park	3.02m
2 Trainer, Dusty	7	Hawkesbury	2.88m
3 Khouiss, Roman	7	Girraween Li	2.86m
4 Flecknoe, Rusta	7	Albion Park	2.80m
5 Ayoub, Nathaniel	7	Albion Park	2.68m
6 Johnson, Darcy	7	Camden Athle	2.59m
7 Hazlewood, Zachary	7	Albion Park	2.42m
8 Fogarty, Harvey	7	Lake Illawar	2.33m
9 Stiffle, Toby	7	Camden Athle	2.25m
10 Sultana, Xavier	7	Camden Athle	2.22m
11 Filiposki, Urban-Nash	7	Lake Illawar	1.64m

Boys 8 Year Olds Long Jump

October: 3.74m

Name	Age	Team	Finals
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Finals

1 Grillett, Liam	8	Hills Distri	3.53m
2 Centorino, Harrison	8	Hills Distri	3.28m
3 Thompson, Noah	8	Glenbrook	3.23m
4 Day, Jameson	8	Shoalhaven	3.02m
5 Leslie, Jakai	8	Nepean Lac	3.00m
6 Brandon, Nullah	8	Shoalhaven	2.99m
7 Adeleke, Kobe	8	Woy Woy Peni	J2.99m
8 Hales, Nate	8	Campbelltown	2.84m
9 Sharpe, Ryder	8	Shoalhaven	2.79m
10 Sandona, Hayden	8	Albion Park	2.68m
10 Moynihan, Fiachra	8	Campbelltown	2.68m
12 Bremner, Archie	8	Lake Illawar	2.67m
13 Pooley, Rhys	8	Kiama	2.63m
14 Dennett, Luke	8	Shoalhaven	2.56m
15 Farrugia, Fredrick	8	Lake Illawar	2.52m
16 Lane, Oliver	8	St George	2.45m
17 Green, Arthur	8	Dapto Little	2.39m

Boys 9 Year Olds Long Jump

October: 4.57m 13/01/2002 A Pettigrew

Name	Age	Team	Finals
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Finals

1 Worthy, Isaac	9	Wollongong C	3.48m
2 Bennett, Braylen	9	Camden Athle	3.32m
3 Webb, Archie	9	St Georges B	3.18m
4 Mace, Eden	9	Lake Illawar	3.16m
5 Botticchio, Angus	9	Calwell Litt	2.96m
6 Orfali, Naeem	9	Campbelltown	2.90m
7 Lord, Jensen	9	Shoalhaven	2.88m
8 Fogarty, Toby	9	Lake Illawar	2.80m
9 France, Liam	9	Shoalhaven	2.78m
10 Durell, Toby	9	Shoalhaven	J2.78m
11 Thistlethwaite, Finn	9	Lake Illawar	2.58m
12 Bish, Jude	9	Lake Illawar	2.56m
13 Quin, Delcan	9	St Georges B	2.39m
14 Davison, Liam	9	St Georges B	1.98m

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Finals ... (Boys 9 Year Olds Long Jump)

Name	Age	Team	Finals
15 Ayoub, Isaiah	9	Albion Park	1.92m

Boys 10 Year Olds Long Jump

October: 4.33m

Name	Age	Team	Finals
Finals			
1 Dennett, Sam	10	Shoalhaven	3.66m
2 Winchester, Billy	10	Kiama	3.57m
3 Lacey, Cohen	10	Campbelltown	3.47m
4 Sandona, Oliver	10	Albion Park	3.45m
5 Orfali, Karim	10	Campbelltown	3.37m
6 Yung, Oliver	10	Camden Athle	J3.37m
7 Pooley, Torin	10	Kiama	3.33m
8 Currie, Rory	10	Port Macquar	3.16m
9 Johnson, Tyler	10	Camden Athle	3.06m
10 Naylor, Braxton	10	St Georges B	2.94m
11 Prammer, Joseph	10	Lake Illawar	2.92m
12 Johnson, Lucas	10	St Georges B	2.62m
--- Moynihan, Ogie	10	Campbelltown	FOUL

Boys 12 Year Olds Long Jump

October: 4.68m

Name	Age	Team	Finals
Finals			
1 Sandstrom, Riley	12	Shoalhaven	4.38m
2 Barton, Jarvis	12	Revesby Work	4.15m
3 Jesus, Ky	12	Albion Park	4.04m
4 Sapateh, Amir	11	Sutherland	3.89m
5 Connolly, Benjamin	12	Kurrajong Bi	3.80m
6 Henry, Connor	12	St Georges B	3.66m
7 Akkari, Idris	11	Revesby Work	3.45m
8 Bennett, Oliver	11	Albion Park	3.42m
9 Davison, Callan	11	St Georges B	3.08m
10 Botticchio, Felix	12	Calwell Litt	1.25m
11 Dixon, Tyler	12	Shoalhaven	0.04m
--- Hutchison, Jackson	12	Albion Park	FOUL

Boys 14 Year Olds Long Jump

October: 5.02m 07/10/2018 Darnell TeAhuru

Name	Age	Team	Finals
Finals			
1 Younie, Ryan	13	Camden Athle	4.56m
2 Bennett, Reuben	13	Camden Athle	4.28m
3 Vagg, Morgan	14	Lake Illawar	4.25m
4 Reis-Vyse, Oscar	14	Wollongong C	3.83m
5 Govou, Eli	14	Sutherland	3.82m

Boys 16 Year Olds Long Jump

Name	Age	Team	Finals
Finals			
1 Cole, Thomas	15	Goulburn Mul	4.50m

Boys 11 Year Olds Triple Jump

October: 9.54m 07/10/2018 Jonathon Velandiski

Name	Age	Team	Finals
Finals			
1 Forth, Harrison	11	Nepean Lac	7.55m
2 Nelson, Dane	11	Campbelltown	7.15m

3 Bennett, Oliver	11	Albion Park	6.82m
4 Davison, Callan	11	St Georges B	6.59m
5 Forth, Liam	11	Nepean Lac	6.02m
6 Bennett, Declan	11	St Georges B	5.94m

Boys 13 Year Olds Triple Jump

October: 13.43m

Name	Age	Team	Finals
Finals			
1 Younie, Ryan	13	Camden Athle	9.90m
2 Bennett, Reuben	13	Camden Athle	8.66m
3 Dixon, Tyler	12	Shoalhaven	8.21m
4 Sandstrom, Riley	12	Shoalhaven	8.20m
5 Cook, Oliver	13	Illawong Lit	7.82m
6 Astin-Briggs, Joshua	13	Shoalhaven	5.81m

Boys 15 Year Olds Triple Jump

October: 12.90m

Name	Age	Team	Finals
Finals			
1 Cole, Thomas	15	Goulburn Mul	9.80m
2 Govou, Eli	14	Sutherland	9.20m
3 Barton, Tom	15	Revesby Work	8.63m

Boys 6 Year Olds Shot Put 500g

October: 6.98m 08/01/2023 Kobe Adeleke

Name	Age	Team	Finals
Finals			
1 Mace, Emerson	6	Lake Illawar	3.72m
2 Lacey, Lakyn	6	Campbelltown	3.10m
3 Bennett, Hamish	6	St Georges B	2.86m
4 Harris, Elijah	6	Dapto Little	2.77m
5 Holland-Hines, Ky'ree	6	Albion Park	2.66m
6 Henry-Smith, Zayd	6	Lake Illawar	2.50m
7 Stephens, Keenan	6	Lake Illawar	2.06m

Boys 7 Year Olds Shot Put 1kg

October: 9.60m

Name	Age	Team	Finals
Finals			
1 Flecknoe, Rusta	7	Albion Park	5.53m
2 Flecknoe, Loki	7	Albion Park	4.74m
3 Hazlewood, Zachary	7	Albion Park	4.66m
4 Fogarty, Harvey	7	Lake Illawar	4.61m
5 Trainer, Dusty	7	Hawkesbury	4.16m
6 Stiffle, Toby	7	Camden Athle	3.17m
7 Ayoub, Nathaniel	7	Albion Park	3.16m
8 Sultana, Xavier	7	Camden Athle	2.73m
9 Filiposki, Urban-Nash	7	Lake Illawar	2.57m
--- Johnson, Darcy	7	Camden Athle	FOUL

Boys 8 Year Olds Shot Put 1.5kg

October: 9.82m

Name	Age	Team	Finals
Finals			
1 Adeleke, Kobe	8	Woy Woy Peni	6.09m
2 Morris, Kai	8	Colyton St C	6.06m
3 Lane, Oliver	8	St George	5.98m
4 Thompson, Noah	8	Glenbrook	5.43m
5 Centorino, Harrison	8	Hills Distri	4.58m

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Finals ... (Boys 8 Year Olds Shot Put 1.5kg)

Name	Age	Team	Finals
6 Grillett, Liam	8	Hills Distri	4.52m
7 Day, Jameson	8	Shoalhaven	4.38m
8 Brandon, Nullah	8	Shoalhaven	4.28m
9 Yung, Connor	8	Camden Athle	3.97m
10 Dennett, Luke	8	Shoalhaven	3.66m
11 Roxburgh, Ziggy	8	Sutherland	3.56m
12 Pooley, Rhys	8	Kiama	3.54m
13 Leslie, Jakai	8	Nepean Lac	3.34m
14 Bremner, Archie	8	Lake Illawar	3.26m
15 Green, Arthur	8	Dapto Little	3.25m
16 Farrugia, Fredrick	8	Lake Illawar	2.56m
--- Moynihan, Fiachra	8	Campbelltown	FOUL

Boys 9 Year Olds Shot Put 2kg

October: 9.12m

Name	Age	Team	Finals
1 Forth, Arthur	9	Nepean Lac	8.07m
2 Worthy, Isaac	9	Wollongong C	6.72m
3 Webb, Archie	9	St Georges B	5.86m
4 Fogarty, Toby	9	Lake Illawar	5.78m
5 Bennett, Braylen	9	Camden Athle	5.26m
6 Lord, Jensen	9	Shoalhaven	5.16m
7 Akkari, Issa	9	Revesby Work	4.87m
8 Mace, Eden	9	Lake Illawar	4.79m
9 Bish, Jude	9	Lake Illawar	4.28m
10 Ayoub, Isaiah	9	Albion Park	4.15m
11 Orfali, Naem	9	Campbelltown	3.71m
12 Quin, Delcan	9	St Georges B	2.56m

Boys 10 Year Olds Shot Put 2kg

October: 11.48m 08/01/2023 Lachlan Chappell

Name	Age	Team	Finals
1 Smith, Zander	10	Eastern Subu	9.05m
2 Dennett, Sam	10	Shoalhaven	7.43m
3 Moynihan, Ogie	10	Campbelltown	6.32m
4 Leslie, Jaxon	10	Nepean Lac	6.24m
5 Lacey, Cohen	10	Campbelltown	5.85m
6 Naylor, Braxton	10	St Georges B	5.84m
7 Pooley, Torin	10	Kiama	5.79m
8 Sandona, Oliver	10	Albion Park	5.57m
9 Yung, Oliver	10	Camden Athle	5.52m
10 Beck, Mason	10	Shoalhaven	5.48m
11 Johnson, Tyler	10	Camden Athle	4.54m
12 Johnson, Lucas	10	St Georges B	4.40m

Boys 11 Year Olds Shot Put 2kg

October: 12.45m 10/01/2021 Ashton Taelioa

Name	Age	Team	Finals
1 Forth, Harrison	11	Nepean Lac	10.70m
2 Forth, Liam	11	Nepean Lac	7.79m
3 Cairns, Jackson	11	NIL	7.43m
4 May, Zachary	11	Sutherland	6.01m
5 Brandon, Alakai	11	Shoalhaven	5.84m

Boys 12 Year Olds Shot Put 2kg

October: 11.98m 09/01/2022 Ashton Taelioa

Name	Age	Team	Finals
1 Sandstrom, Riley	12	Shoalhaven	9.66m
2 Dixon, Tyler	12	Shoalhaven	7.83m
3 Barton, Jarvis	12	Revesby Work	7.35m
4 Mattiazzo, Chase	12	Rouse Hill R	7.11m
5 Hutchison, Jackson	12	Albion Park	6.55m
6 Govou, Amiah	12	Sutherland	6.49m
7 Henry, Connor	12	St Georges B	6.06m

Boys 13 Year Olds Shot Put 3kg

October: 10.95m

Name	Age	Team	Finals
1 Cook, Oliver	13	Illawong Lit	11.29m
2 Bennett, Reuben	13	Camden Athle	6.80m
3 Blair, Taj	13	Shoalhaven	6.41m
4 Astin-Briggs, Joshua	13	Shoalhaven	5.73m

Boys 14 Year Olds Shot Put 4kg

October: 13.26m 14/01/2018 Hayden Cooper

Name	Age	Team	Finals
1 Govou, Eli	14	Sutherland	6.93m

Boys 15 Year Olds Shot Put 4kg

October: 16.40m

Name	Age	Team	Finals
1 Kassiotis, Christian	15	Campbelltown	11.59m
2 Cole, Thomas	15	Goulburn Mul	9.45m
3 Barton, Tom	15	Revesby Work	7.08m

Boys 6 Year Olds Discus Throw 350G

October: 15.05m

Name	Age	Team	Finals
1 Lacey, Lakyn	6	Campbelltown	6.67m
2 Bennett, Hamish	6	St Georges B	3.45m
3 Henry-Smith, Zayd	6	Lake Illawar	3.31m
4 Stephens, Keenan	6	Lake Illawar	3.30m

Boys 7 Year Olds Discus Throw 350G

October: 25.02m 08/01/2023 Arthur Forth

Name	Age	Team	Finals
1 Flecknoe, Loki	7	Albion Park	15.94m
2 Trainer, Dusty	7	Hawkesbury	13.61m
3 Ayoub, Nathaniel	7	Albion Park	12.90m
4 Hazlewood, Zachary	7	Albion Park	12.56m
5 Flecknoe, Rusta	7	Albion Park	12.07m
6 Khouiss, Roman	7	Girraween Li	11.67m
7 Fogarty, Harvey	7	Lake Illawar	11.36m
8 Johnson, Darcy	7	Camden Athle	8.24m
9 Sultana, Xavier	7	Camden Athle	7.63m
10 Ovdski, Xavier	7	Wollondilly	7.60m

Lake Illawarra Athletics Centre - 13/10/2024

October Carnival

Myimbarr Community Park

Results

Boys 8 Year Olds Discus Throw 500G

October: 26.33m

Name	Age	Team	Finals
Finals			
1 Morris, Kai	8	Colyton St C	18.06m
2 Lane, Oliver	8	St George	15.07m
3 Leslie, Jakai	8	Nepean Lac	11.65m
4 Adeleke, Kobe	8	Woy Woy Peni	11.32m
5 Thompson, Noah	8	Glenbrook	10.79m
6 Day, Jameson	8	Shoalhaven	10.76m
7 Pooley, Rhys	8	Kiama	10.04m
8 Centorino, Harrison	8	Hills Distri	9.75m
9 Dennett, Luke	8	Shoalhaven	9.66m
10 Sharpe, Ryder	8	Shoalhaven	8.33m
11 Roxburgh, Ziggy	8	Sutherland	8.12m
12 Moynihan, Fiachra	8	Campbelltown	7.71m
13 Sandona, Hayden	8	Albion Park	7.48m
14 Yung, Connor	8	Camden Athle	7.25m
15 Bremner, Archie	8	Lake Illawar	6.73m
16 Green, Arthur	8	Dapto Little	5.90m
17 Grillett, Liam	8	Hills Distri	4.81m
18 Farrugia, Fredrick	8	Lake Illawar	3.72m
--- Brandon, Nullah	8	Shoalhaven	FOUL

Boys 9 Year Olds Discus Throw 500G

October: 28.89m

Name	Age	Team	Finals
Finals			
1 Forth, Arthur	9	Nepean Lac	30.30m
2 Bennett, Braylen	9	Camden Athle	19.67m
3 Worthy, Isaac	9	Wollongong C	16.61m
4 Bish, Jude	9	Lake Illawar	12.97m
5 Webb, Archie	9	St Georges B	12.74m
6 Fogarty, Toby	9	Lake Illawar	12.24m
7 Ayoub, Isaiah	9	Albion Park	11.27m
8 Johnson, Zayne	9	Camden Athle	11.19m
9 Thistlethwaite, Finn	9	Lake Illawar	10.62m
10 Astin, Gus	9	Kiama	10.37m
11 France, Liam	9	Shoalhaven	10.18m
12 Mace, Eden	9	Lake Illawar	9.00m
13 Lord, Jensen	9	Shoalhaven	8.74m
14 Orfali, Naeem	9	Campbelltown	8.57m
15 Quin, Delcan	9	St Georges B	6.18m
--- Davison, Liam	9	St Georges B	FOUL
--- Durell, Toby	9	Shoalhaven	FOUL

Boys 10 Year Olds Discus Throw 500G

October: 38.70m

Name	Age	Team	Finals
Finals			
1 Smith, Zander	10	Eastern Subu	29.76m
2 Leslie, Jaxon	10	Nepean Lac	26.12m
3 Dennett, Sam	10	Shoalhaven	22.97m
4 Naylor, Braxton	10	St Georges B	21.39m
5 Beck, Mason	10	Shoalhaven	17.28m
6 Johnson, Tyler	10	Camden Athle	12.98m
7 Yung, Oliver	10	Camden Athle	12.84m
8 Moynihan, Ogie	10	Campbelltown	10.70m

9 Johnson, Lucas	10	St Georges B	9.16m
--- Lacey, Cohen	10	Campbelltown	FOUL

Boys 11 Year Olds Discus Throw 500G

October: 35.24m 09/01/2022 Izach Saa;ea-Morgan

Name	Age	Team	Finals
Finals			
1 Forth, Liam	11	Nepean Lac	35.45m
2 Forth, Harrison	11	Nepean Lac	34.29m
3 Nelson, Dane	11	Campbelltown	26.56m
4 Cairns, Jackson	11	NIL	24.07m
5 Bennett, Declan	11	St Georges B	17.67m
6 May, Zachary	11	Sutherland	16.50m
7 Bennett, Oliver	11	Albion Park	15.36m
8 Davison, Callan	11	St Georges B	15.10m
9 Brandon, Alakai	11	Shoalhaven	13.58m

Boys 12 Year Olds Discus Throw 750G

October: 40.49m

Name	Age	Team	Finals
Finals			
1 Sandstrom, Riley	12	Shoalhaven	32.86m
2 Dixon, Tyler	12	Shoalhaven	14.38m
3 Botticchio, Felix	12	Calwell Litt	14.27m
4 Connolly, Benjamin	12	Kurrajong Bi	12.38m
5 Govou, Amiah	12	Sutherland	10.99m
6 Hutchison, Jackson	12	Albion Park	10.53m

Boys 13 Year Olds Discus Throw 750G

October: 41.15m 20/10/2019 William Willis

Name	Age	Team	Finals
Finals			
1 Cook, Oliver	13	Illawong Lit	26.77m
2 Bennett, Reuben	13	Camden Athle	20.42m
3 Astin-Briggs, Joshua	13	Shoalhaven	15.94m
4 Blair, Taj	13	Shoalhaven	15.00m

Boys 14 Year Olds Discus Throw 1KG

October: 50.81m

Name	Age	Team	Finals
Finals			
1 Govou, Eli	14	Sutherland	21.15m

Boys 15 Year Olds Discus Throw 1KG

October: 59.05m

Name	Age	Team	Finals
Finals			
1 Kassiotis, Christian	15	Campbelltown	37.45m
2 Cole, Thomas	15	Goulburn Mul	35.62m

Boys 11 Year Olds Javelin Throw 400g

October: 28.61m 09/01/2022 Archer Todd

Name	Age	Team	Finals
Finals			
1 Forth, Harrison	11	Nepean Lac	31.31m
2 Forth, Liam	11	Nepean Lac	22.81m
3 Carlaw, Braxton	11	Lake Illawar	16.82m
4 Lord, Brodie	11	Shoalhaven	15.80m
5 Sapateh, Amir	11	Sutherland	15.34m
6 Cairns, Jackson	11	NIL	14.23m

Lake Illawarra Athletics Centre - 13/10/2024

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Myimbarr Community Park

Results

Finals ... (Boys 11 Year Olds Javelin Throw 400g)

Name	Age	Team	Finals
7 Bennett, Declan	11	St Georges B	10.75m
8 Davison, Callan	11	St Georges B	10.40m
9 Brandon, Alakai	11	Shoalhaven	8.89m

Boys 12 Year Olds Javelin Throw 400g

October: 36.80m 08/01/2023 Archer Todd

Name	Age	Team	Finals
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Finals

1 Sandstrom, Riley	12	Shoalhaven	18.28m
2 Jesus, Ky	12	Albion Park	15.20m
3 Botticchio, Felix	12	Calwell Litt	12.46m
4 Dixon, Tyler	12	Shoalhaven	12.02m
--- Govou, Amiah	12	Sutherland	FOUL

Boys 13 Year Olds Javelin Throw 600g

October: 34.75m

Name	Age	Team	Finals
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Finals

1 Cook, Oliver	13	Illawong Lit	24.90m
2 Astin-Briggs, Joshua	13	Shoalhaven	13.76m
3 Blair, Taj	13	Shoalhaven	11.93m
4 Bennett, Reuben	13	Camden Athle	11.25m

Boys 14 Year Olds Javelin Throw 700g

Name	Age	Team	Finals
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Finals

1 Govou, Eli	14	Sutherland	23.83m
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Boys 15 Year Olds Javelin Throw 700g

October: 38.80m 09/01/2022 Nathanael Ramsay

Name	Age	Team	Finals
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Finals

1 Cole, Thomas	15	Goulburn Mul	29.33m
2 Barton, Tom	15	Revesby Work	19.88m

Men 20 Year Olds 100 Meter Run

Name	Age	Team	Finals
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Finals

1 Saunders, Caleb	20	St Georges B	11.80
2 harper, nicholas	20	Bowral	14.47

Men 20 Year Olds 200 Meter Run

Name	Age	Team	Finals
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Finals

1 Saunders, Caleb	20	St Georges B	24.32
2 harper, nicholas	20	Bowral	30.51

Men 21+ 200 Meter Run

October: 23.30

Name	Age	Team	Finals
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Finals

1 Wade, Mark	21	Ryde	27.11
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Men 20 Year Olds 400 Meter Run

Name	Age	Team	Finals
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Finals

1 harper, nicholas	20	Bowral	1:18.52
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Men 21+ 800 Meter Run

October: 2:14.09

Name	Age	Team	Finals
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Finals

1 Wade, Mark	21	Ryde	2:35.35
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Men 20 Year Olds 1500 Meter Run

Name	Age	Team	Finals
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Finals

1 McLaren, Hamish	20	Shoalhaven	4:39.30
2 harper, nicholas	20	Bowral	6:53.82

Men 20 Year Olds Long Jump

Name	Age	Team	Finals
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Finals

1 Saunders, Caleb	20	St Georges B	5.80m
2 harper, nicholas	20	Bowral	4.50m

Men 21+ Triple Jump

October: 12.38m

Name	Age	Team	Finals
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Finals

1 Saunders, Caleb	20	St Georges B	11.42m
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Men 20 Year Olds Shot Put 6kg

Name	Age	Team	Finals
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Finals

1 harper, nicholas	20	Bowral	3.79m
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Men 20 Year Olds Discus Throw 1.75KG

Name	Age	Team	Finals
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Finals

1 McLaren, Hamish	20	Shoalhaven	31.34m
2 harper, nicholas	20	Bowral	11.60m

Men 20 Year Olds Javelin Throw 800g

Name	Age	Team	Finals
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Finals

1 McLaren, Hamish	20	Shoalhaven	40.27m
2 harper, nicholas	20	Bowral	9.50m