



Lake Illawarra Athletics Association Inc.

2025 Summer Carnival

Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 12th January 2025

Time: Carnival Starts 9:00am **Weather:** Carnival will proceed in all weather conditions and will not be cancelled.

Entry Fee: Tiny Tots: \$10.00 per athlete

(No Refunds)

Entry Fee: U/6 to OPENS: \$4.00 Per Event (or 7 or more Events per athlete \$25.00) **(No Refunds)**

Entries Close: 2:00pm on Saturday 11th January 2025 – **NO Entries will be received after this time and NO Entry/Event changes on the day**

Awards: Medals for 1st, 2nd, and 3rd Placing's in All Events except feature event

Tiny Tots will receive special award for participation.

Centres will also be vying for the LILAC Shield - this is based on points for the top 8 placegetters in each event (ex Tiny Tots) at both our October Carnival and Summer Carnival.

All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered.

There is no limit to number of events an athlete can enter. Events may be combined where insufficient entries are received.

*Athletes may go up an Age Group to compete in an event **not** available in their own Age Group **as long as specifications (eg Weights) do not differ, and the event is allowed under the LANSW Specifications.***

Feature Events for each age group are highlighted

Tiny Tots	Various Activities including Running, Jumping and Throwing									
6's	50m	70m	100m	300m	Long Jump	Shot Put	Discus			
7's	50m	70m	100m	500m	Long Jump	Shot Put	Discus			
8's	60m/h	70m	200m	400m PS	700m	Long Jump	Shot Put	Discus		
9's	60m/h	70m	200m	400m	700m/w	Long Jump	High Jump	Shot Put	Discus	
10's	60m/h	70m	200m	800m	1100m/w	Long Jump	High Jump	Shot Put	Discus	
11's	80m/h	100m	200m	400m	1100m/w	Long Jump	Triple Jump	Shot Put	Discus	Javelin
12's	80m/h	100m	200m	800m	1500m/w	High Jump	Triple Jump	Shot Put	Discus	Javelin
13's	80m-90m/h	100	200m	400m	200m/h	1500m/w	Long Jump	Shot Put	Discus	Javelin
14's	90m-100m/h	100m	200m	800m	300m/h	High Jump	Triple Jump	Shot Put	Discus	Javelin
15's	90-100m/h	100m	200m	400m	300m/h	1500m/w	Long Jump	Shot Put	Discus	Javelin
16's	90-100m/h	100m	200m	800m	400m/h	High Jump	Triple Jump	Shot Put	Discus	Javelin
17's	100-110m/h	100m	200m	400m	400m/h	1500m/w	Long Jump	Shot Put	Discus	Javelin
20's	100-110m/h	100m	200m	800m	400m/h	High Jump	Triple Jump	Shot Put	Discus	Javelin
OPENS-Masters	60m*	100m	200m	400m	Long Jump	Shot Put	Discus	Javelin		

For more information on the carnival please contact Kevin McGarry on 0417 048 148 or via email at lilac_carnival@outlook.com

Entry Format - Entries will be taken via any of the following formats

- 1 **RESULTS HQ**– via your family portal (centres must open nominations for this to occur (additional charges will apply)
- 2 **REVSport**– via our online entry portal on our website www.lakeillawarralac.net.au using your National ID (additional charges will apply)
- 3 **EMAIL** – sent your entry with Athletes Name, Age, Gender, Centre, Registration Number and Events to lilac_carnival@outlook.com then Direct Deposit into our account
BSB: 633-000 **Account Number:** 150649630 **Account Name:** Lake Illawarra Little Athletics Association INC **Reference:** Athletes Name.

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____ BOYS/GIRLS _____

EVENT 1: _____ EVENT 2: _____ EVENT 3: _____ EVENT 4: _____

EVENT 5: _____ EVENT 6: _____ EVENT 7: _____ EVENT 8: _____

EVENT 9: _____ EVENT 10: _____ EVENT 11: _____ EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____ BOYS/GIRLS _____

EVENT 1: _____ EVENT 2: _____ EVENT 3: _____ EVENT 4: _____

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EVENT 1: _____ EVENT 2: _____ EVENT 3: _____ EVENT 4: _____

EVENT 5: _____ EVENT 6: _____ EVENT 7: _____ EVENT 8: _____

EVENT 9: _____ EVENT 10: _____ EVENT 11: _____ EVENT 12: _____

Contact Name: _____ Contact Number: _____

Email Address: _____