



Lake Illawarra Athletics Association Inc.

2026 BENDIGO BANK October Carnival Entry Form

Supporting your community
Community Bank
Oak Flats and Gerringong
02 4256 9511

Bendigo Bank

Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 11th October 2026

Time: Carnival Starts 9:00am **Weather:** Carnival will proceed in all weather conditions

Entry Fee: Tiny Tots: \$10.00 per athlete (**Late Entry \$15.00**) (**No Refunds**)

Entry Fee: 6's to OPENS/MASTERS: \$5.00 Per Event (or 7 or more Events per athlete \$30.00) (**Late Entry \$10 per event**) (**No Refunds**)

Entries Close: Midnight on Wednesday 7th October 2026 – **Late Entries Close Friday 9th October 2025** – non entries taken after this date

Awards: Medals for 1st, 2nd, and 3rd Placing's in All Events

Tiny Tots will receive special award for participation.

Centres will also be vying for the LILAC Shield - this is based on points for the top 8 placegetters in each event (ex Tiny Tots)

All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered. There is no limit to number of events an athlete can enter. Events may be combined where insufficient entries are received however placing for individual age groups will still remain

Athletes may go up an Age Group to compete in an event not available in their own Age Group as long as specifications (eg Weights) do not differ, and the event is allowed under the current Specifications, (eg, you are in the 12's and want to compete in the High Jump you are allowed to compete in the 13's as there is no High Jump event for the 12's, your event will be listed as 13's High Jump in the official program)

Tiny Tots		Various Activities including Running, Jumping and Throwing							
6's	70m	100m	200m PS	300m	Long Jump	Shot Put	Discus		
7's	70m	100m	200m	500m	Long Jump	Shot Put	Discus		
8's	60m/h	100m	200m	400m PS	700m	Long Jump	Shot Put	Discus	
9's	60m/h	100m	200m	800m	Long Jump	High Jump	Shot Put	Discus	
10's	60m/h	100m	200m	400m	Long Jump	High Jump	Shot Put	Discus	
11's	80m/h	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
12's	80m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
13's	80m/h (F) 90m/h (M)	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
14's	90m/h (F) 100m/h (M)	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
15's	90m/h (F) 100m/h (M)	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
16's	100m/h (F) 110m/h (M)	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
17's	100m/h (F) 110m/h (M)	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
20's	100m/h (F) 110m/h (M)	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Opens-Masters	60m*	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin

For more information on the carnival please contact Carnival Manager Kevin McGarry on 0417 048 148 or via email at lilac_carnival@outlook.com

Entry Format - Entries will be taken via any of the following formats

1 **RESULTS HQ**– via your family portal (centres must open nominations for this to occur)

2 **REVSPORT**– via our online entry portal on our website www.lakeillawarralac.net.au using your National ID

3 **EMAIL** – send your entry to lilac_carnival@outlook.com please include Athlete Name, Bib Number, Age, Gender and Centre, payment available via direct deposit

BSB: 633-000 **Account Number:** 150649630

Account Name: Lake Illawarra Little Athletics Association INC

Reference: Athletes Name.